

NINA BIFOLCHI

MAYOR

Proclamation

EATING DISORDER AWARENESS WEEK (EDAW)

February 1st – February 7th, 2019

WHEREAS; Eating Disorder Awareness Week will be from February 1 – 7, 2019; and

WHEREAS; Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and

WHEREAS; Stigma, secrecy and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and

WHEREAS; Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and

WHEREAS; Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and

WHEREAS; Eating Disorder Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.

NOW THEREFORE, I, Mayor Nina Bifulchi, at the request of Ms. Ariel Aversa, Outreach & Education Team Member, and on behalf of Council of the town of Wasaga Beach, do hereby proclaim February 1st – February 7th, 2019 as Eating Disorder Awareness Week in the Town of Wasaga Beach.



Nina Bifulchi, Mayor