

WASAGA BEACH AGE-FRIENDLY COMMUNITY ADVISORY COMMITTEE

Advisory Committee Meeting

Wednesday Feb. 20, 2019

12:00-2:00 pm

Town Hall Classroom

MINUTES



Members:

Chair – Fiona Ryner, Community Member	Deputy Mayor Sylvia Bray
Vice-Chair – Marina Campagna, Community Member	Ruth McArthur, Simcoe Muskoka District Health Unit
Candy Milczynski, Community Member	Tara Bone, Red Cross
Heather Klein Gebbinck, South Georgian Bay Community Health Centre	Karen Storing, YMCA
Vic De Francesco, Accessibility Advisory Committee	Carol Runnings, Simcoe County Community/Social Services
Pamela Pal, CEO Wasaga Beach Public Library	Vacant, Healthy Community Network
Josh Pallas, Recreation Coordinator	Angela Kemp, Wasaga Beach Public Library, Age Friendly Community Coordinator & Secretary

Regrets: C. Milczynski, T. Bone, K. Storing, J. Pallas

Guests: Nathan Wukasch – Senior Planner – Town of Wasaga Beach

- 1. Call to Order:** A. Kemp assumed the role of acting chair to open the meeting. A. Kemp called the meeting to order at 12:10 pm. The committee agreed to jump to items 8a. and 8b. in order to vote a chair, co-chair and secretary.
- 2. Disclosures of Pecuniary Interest:** None.
- 3. Confirm Agenda**
Motion to approve the agenda by F. Ryner and seconded by R. McArthur. Carried.
- 4. Minutes of Previous Meeting:** Motion to approve the minutes from last meeting Jan.16, 2019 by R. McArthur and seconded by S. Bray. Carried.
- 5. Deputations/Presentations:**
Nathan Wukasch, Senior Planner reviewed the Town's AF Community Plan which was developed after consultation with the community and stakeholders through a consultant who was hired to guide the process and put forward an AF Community Plan in 2016.

The plan is based on 8 domains established by the World Health Organization which looked at the needs of seniors with varying functional abilities (well/fit; those requiring assistance with activities of daily living; seniors requiring 24 hr. support). The community plan identified strengths and areas of need across the domains and put forth recommendations based on the community consultations.

Eighteen goals and objectives emerged to address priorities identified around town infrastructure; housing; services and supports; health care and leadership and engagement.

The AFCAC was tasked with assisting and guiding the implementation and ongoing development of the community plan and monitoring progress and goals as a living document owned by the community.

6. Standing Items:

a. AFC Coordinator Report: The County of Simcoe's AF business guide document is going to be launched in March and there is a meeting Feb 26th to discuss the distribution strategy. A. Kemp is unable to attend.

R. McArthur is scheduled for the March AF article submission for the newspaper. Previous community member Nancy Clark had signed up for the April article intending to promote the Expo. Perhaps T. Bone and Nancy can organize the article as members of the Expo sub-committee for this year.

N. Wukasch and J. Pallas have offered to assist the AF Coordinator with creating a staff report for council highlighting AF progress from 2018.

The Library CEO has sent an email to confirm if there is a budget for the AF Committee.

The County's Housing Grant announced this week has been added to the website and the AF facebook page.

b. Action Plan Review – The committee was introduced to the plan by N. Wukasch. The action plan is based on the Town's Community Plan.

There was discussion about how the previous plan was very ambitious and many items were added to the plan in the last year thus showing an incomplete status. It was noted that much work did get done to include the June Expo and establishment of the Seniors Active Living Centre and hubs. The committee had tried to balance all areas identified in the community plan but perhaps took on too much at once to be able to realistically accomplish as a committee in the time allotted.

It was clarified that if some of the goals/strategies were not felt to be relevant that the committee would need to make recommendations to council with their rationales. However, the performance measures and activities could be modified going forward.

Several meetings will be required to review, discuss and revise the action plan. The plan will be discussed focusing on one section each meeting.

There was a lot of discussion about communication to seniors about what is available to them in the community and how best to get the word out. This helped pinpoint an appropriate starting point for reviewing the action plan

Action item: Members to review and be prepared to discuss Services and Supports (section 3) of the action plan while referencing the community plan for the next meeting.

c. AF Speaker Series update – In J. Pallas' absence A. Kemp updated that the March speaker will be Brock Godfrey speaking on Fraud Prevention. AF Speaker series are happening the first Mon. of each month at the Rec Plex at 9:30am.

d. Community Partner Roundtable & Committee Updates

R. McArthur updated that the Health Unit is partnering with the SALC to train senior volunteers to run a crock pot cooking program. The program is well received in Orillia and Barrie. Once volunteers receive their training the program will launch out of the SALC. S. Bray to check if the Rotary Club is still sponsoring crock pot giveaways.

The new Town Rec Guide has been published and includes seniors programming happening at the SALC.

Pam Pal updated the group on the library partnership at the SALC on Thursdays starting in March to offer some library services like checking in/out of books, tech help, community referral assistance, answering AF questions and older adult programming.

e. June Expo & Exhibitor List - This year's Expo is Wed. June 19th (tentative time 10-2pm). A. Kemp read an update from Nancy Clark who has volunteered to work on the expo sub-committee along with T. Bone and M. Campagna. A save the date email went out to last year's exhibitors. The goal will be 55 community partners and there are 27 confirmed tables so far. Contact N. Clark with any suggestions for other exhibitors. We do not have a vendors permit and therefore are not allowed to have exhibitors selling items. We are strictly an info expo. The sub-committee will meet in March to discuss and confirm time, food, publicity, format, speakers etc. Ideas, comments and suggestions welcome.

7. Unfinished Business:

a. Age-Friendly Tagline – Item deferred.

b. Senior of the Year Update

J. Pallas absent. A. Kemp advised that the info and forms had been mailed out to seniors clubs and posted on the Town website. The information has been posted twice on the AF facebook page. J. Pallas is not in receipt of any formal submissions.

Action item: Item to remain on agenda for future discussion of a task force for reviewing submissions.

8. New Business:

a. Review of terms of reference. P. Pal reviewed the Mandate, Responsibilities and Tasks, and Role and Responsibilities of members. P. Pal explained the role of Town Staff with no voting capacity but present to support the chair, co-chair and committee meetings and AF work throughout the term.

b. Voting of Chair; Vice-Chair; Secretary. A.Kemp was re-appointed as Secretary in her role as AF Coordinator. F. Ryner expressed willingness to chair meetings with support from library staff. Motion by S. Bray and seconded by R. McArthur. Carried. M. Campagna expressed willingness to be Vice-Chair. Motion by C. Runnings and seconded by V. De Francesco. Carried.

c. Discussion about meeting time. The committee discussed the meeting time at the request of some members who have voiced preference for a change in time to start meetings later. Day of the month to remain as the 3rd Wed. of the month with the exception of June, due to the expo. June's meeting will be the 2nd Wed. Motion by

C. Chang to change the meeting time to 1:00-3:00 p.m. Seconded by V. De Francesco. Carried.

9. Date of Next Meeting: Wed. March 20, 2019. 1:00-3:00 p.m. ** Town Hall – Classroom.

10. Adjournment: Motion to adjourn at 1:55 p.m. by R. McArthur. Seconded by: C. Runnings. Carried.