

Wado Kai Karate (8 weeks)

Karate builds self-confidence and discipline. The Wado Kai 8-week program offers graduated skill-based classes that promote physical fitness, flexibility and stamina.

Session I: Wednesdays, Sept. 6 – Oct. 25
Session II: Wednesdays, Nov. 1 – Dec. 20
Session III: Wednesdays, Jan. 10 – Feb. 28
Times: Beginners 5:00 – 6:00 p.m.
Beginner/Intermediate 6:15 – 7:15 p.m.
Advanced 7:30 – 9:00 p.m.
Ages: 6–14 years
Fees: \$110 Beginner/Intermediate
\$120 Advanced
Location: RecPlex Oakview Centre,
1724 Mosley St.



Register at: wasagabeach.com/recreation
or call **705.429.3321**