

Wasaga Beach 

Recreation, Events & Facilities

GUIDE

Fall/Winter 2022-23



All in. 

ITOSU-KAI KARATE

Classes every **Monday and Thursday 6:00PM - 8:00PM**

LOCATION:
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31 40th Street, Wasaga Beach

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Itosu-kai Karate has been in Canada since 1969 and in Wasaga Beach since 1982.

FALL/WINTER 2022-23 RECREATION GUIDE

Welcome to the Fall/Winter 2022-23 edition of the Recreation, Events & Facilities Guide. In this edition you will find an array of recreation programs and services that you and your family can explore throughout the months ahead.

The Town of Wasaga Beach takes great pride in providing all ages and abilities with recreational opportunities.

Thank you for taking some time to review this guide, and should you have questions regarding a program or event, please feel free to contact staff as per the details listed on page 3.

Tax & Water/Sewer Billing Schedule

Tax Installments	Bill Mailed	Due Date
Interim 1st Installment	February	March 15
Interim 2nd Installment		May 15
Final 1st Installment	June	July 15
Final 2nd Installment		Sept 15

For tax billing inquiries, please contact Revenue Clerk, Taxes at (705) 429-3321, ext. 2234 or by email at taxes@wasagabeach.com

Water/Sewer Billing Period	Bill Mailed	Due Date
January – February	March	April 21
March – April	May	June 21
May – June	July	August 21
July – August	Sept	Oct 21
Sept – Oct	Nov	Dec 21
Nov – Dec	Jan	Feb 21

For water/sewer billing inquiries, please contact Revenue Clerk, Water at (705) 429-3321, ext. 2245 or by email at wasagawater@wasagabeach.com

Please note that when the due date noted above is a public holiday or weekend the next business day is the due date.

Your vote counts

#YOURVOTECOUNTS
 MUNICIPAL ELECTION '22



ON THE LIST TO VOTE?

Visit wasagabeach.com/election to check if you are on the Voters List and submit an electronic application form to be added to the list.



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Mission Statement

The Recreation, Events and Facilities Department will operate and promote the Town of Wasaga Beach’s recreation programs, events and facilities in a manner that is cost effective and responsive to the needs of the public, Council and staff. To maintain and develop community assets and activities that connect and maximize quality public and visitor experiences while ensuring programs are accessible and meet the diverse needs of the community.

HELPFUL INFORMATION

Department Contact Information

Phone Number: 705 429-3321
 Office: 1724 Mosley Street
customerservice@wasagabeach.com
 Monday – Friday, 8:00 am – 8:00 pm

Department Staff

Director, Chris Roos	ext. 2502
Recreation & Youth Supervisor, Josh Pallas	ext. 2504
Customer Service Coordinator, Chris Brittain	ext. 2503
Customer Service Representative, Vicki McConnell	ext. 2501
Recreation Programmer, Jenny Marlatt	ext. 2505
Special Events Coordinator, Candice Grisbrook	ext. 2513
Special Events Programmer, Lisa Linhares	ext. 2511
Facilities Foreman, Allen McClure	ext. 2515
Youth Programmer, Megan Haskett	ext. 2509
Active Living & Volunteer Programmer, Judith Illidge	ext. 2510

Facility Telephone Numbers

Recreation, Events & Facilities	1724 Mosley Street	705 429-3321
Wasaga Stars Arena	425 River Road West	705 429-0412
Wasaga Sports Park	1888 Klondike Park Road	705 429-0415
Wasaga Beach RecPlex	1724 Mosley Street	705 429-3321
Wasaga Beach Youth Centre	1621 Mosley Street	705 422-2494
Wasaga Beach YMCA	1724 Mosley Street	705 429-9622
Town Hall Administrative Offices	30 Lewis Street	705 429-3844
Public Works Department	150 Westbury Road	705 429-2540
Wasaga Beach Public Library	120 Glenwood Drive	705 429-5481
Provincial Park Office	11 22nd Street North	705 429-2516
Seniors Active Living Centre	1621 Mosley Street	705 429-3321

PROGRAM & CUSTOMER SERVICE INFORMATION



In Detail

The Town of Wasaga Beach Recreation, Events & Facilities Department produces two (2) editions annually of this guide for residents and visitors. This guide is organized by recreation program category (Child, Youth, Adult, & Older Adults). Some courses fill up quickly, so be sure to register promptly. Department staff have worked hard to ensure this guide is accurate. However, due to the bi-annual format, changes may occur after it is produced.

First Come - First Served

All registrants will be processed in the order they are received. Registrations are not confirmed until the Recreation, Events & Facilities Department receives payment. Due to level advancements, some programs may have advanced registration privileges.

Prorating of Recreation Program Fees

Recreation, Events & Facilities Department does not prorate fees for late registration of recreation programs.

Method of Payment

Payments can be made in person at the Recreation, Events & Facilities Department Customer Service Desk, located within the RecPlex at 1724 Mosley Street. Payments are accepted by debit, MasterCard, Visa, cash and cheques.

HST

HST of 13% is charged on recreation programs for registrants 15yrs+.

NSF Cheques

We know mistakes sometimes happen, but if necessary, the Town of Wasaga Beach will charge an administration fee of \$35.00 for each NSF cheque received.

Waiting Lists

Once a class is filled, interested registrants will be placed on a waiting list, and contacted if and when a space becomes available. No fee will be charged until the spot is offered and accepted.

Photographs/Video

Unless the participant or guardian indicates otherwise, Recreation, Events & Facilities will assume permission for pictures to be taken to promote recreation.

Personal Information

Personal information is collected in accordance with the Freedom of Information and Protection of Privacy Act. R.S.O. 1990, c.M.56 under the authority of the municipal Act 2001, S.O. 2001, c25 and will only be used by the Town of Wasaga Beach, Recreation, Events & Facilities Department for the operation of recreation programs.

Class Postponement/Cancellations

Classes may be cancelled due to low registration. Participants are offered a full refund or transfer (based on availability). If it is necessary to cancel a class due to inclement weather, instructor illness, etc., every attempt will be made to re-schedule the class. However, if the class cannot be re-scheduled the Recreation Department will extend an existing class, or can be left "on account" for further program registrations. The Recreation, Events & Facilities Department reserves the right to withdraw, postpone, cancel or combine classes, to limit/increase registration or change course locations at any time.

Refunds

Full refunds will be granted if requested in writing at least fourteen (14) days prior to activity start date. Refund requests after this time will only be accepted if accompanied by a doctor's certificate. The refund will be pro-rated based on the number of classes left in the activity at the time the request is received, regardless of the date the registrant stopped attending the activity. Without a doctor's certificate, no refunds will be given within fourteen (14) days of an activity start date. An administration fee of \$20.00 will apply to all nonmedical refunds.

Transfers

Transfers from one course to another are permitted up to five business days prior to the start of the Recreation Program providing there is space remaining in the program.

PROGRAM & CUSTOMER SERVICE INFORMATION



Program Registration

Registrations can be processed online, or in person at the RecPlex. For online registration, please visit the below link:



REGISTER NOW



In person registrations can be processed at the Recreation, Events & Facilities Customer Service Desk within the RecPlex, Monday to Friday from 8:00 am – 8:00 pm.

ALL participants are required to fill out a participant liability form if they have not previously completed one on-line.

Facility Bookings

Planning an event? We're here to help! The Town of Wasaga Beach offers facility rentals for indoor and outdoor meeting and event spaces, as well as recreational facilities including soccer fields, baseball diamonds, Stars Arena ice surface, and more.

To inquire further, visit the Customer Service Desk at the RecPlex, or contact the Recreation, Events and Facilities Department at (705) 429-3321 or customerservice@wasagabeach.com



Support The New Twin-pad Arena & Library What will your legacy gift be?



Arena Brick
\$100



Library Leaf
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Arena Seat
\$250



Tree
\$500



Bike Rack
\$750



Bench
\$2000

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Program Evaluation

The Recreation Division of the Town of Wasaga Beach would like to hear from you about your most recent experience regarding your program registration. Please take this opportunity to let us know how we are doing and if we are meeting your sport, recreation and leisure services needs.

Visit: surveymonkey.com/r/HZPTZKM

Or pick up a hard copy at the Wasaga Beach RecPlex, 1724 Mosley Street.

Sport and Recreation Council

The Wasaga Beach Sport and Recreation Council is a group of individuals who provide guidance and advice to the Town of Wasaga Beach, Recreation Division. This Council gives feedback pertaining to fundraising, athletic development, programs and coaching practices. The council meets on a monthly basis to tackle projects affecting Wasaga Beach sport and recreation and work to provide cohesion between the many private, municipal and volunteer sport agency that make up the community.

For more information or to request a seat on the Wasaga Beach Sport and Recreation Council please email: recreation@wasagabeach.com or call: (704) 429-3321 ext. 2504

Youth Advisory Council (YAC)

The purpose of the Youth Advisory Council (YAC) is to advise Town Council, Department of Recreation, Events and Facilities, local organizations and businesses on matters pertaining to youth. The YAC also works to further connect and involve youth in the community, as well to create and support positive relationships between youth and the Wasaga Beach community. The Wasaga Beach Youth Advisory council is focused on Gay/Straight Alliances, Environmental Initiatives, Sport, Recreation, and Cultural programs/activities for youth.

Youth Bursary Fund

The Town of Wasaga Beach Youth Advisory Committee in seeking interested Youth Leaders to be involved with recreation programming throughout the Town and at the town's Youth Centre. Further, involvement from these individuals with the Youth Advisory Subcommittees, Grill Team and

taking on a leadership role through programs, events and trips are some of the requirements for the Bursary Funding. The funding opportunity is for individuals in grade 9 – 12 who attend a local area high school (Our Lady of the Bay, Collingwood Collegiate, Stayner Collegiate or Elmvale District) to receive a \$1,000.00 bursary from the Town of Wasaga Beach. The bursary will be split 50/50 with the High School of attendance and the student. Five-hundred dollars will be designated towards the high school and provide additional funding towards an extracurricular activity or programming of the student's choice. In addition, the remaining five-hundred dollars will be awarded in the student's name.

Pridham Park Disk Golf

The Pridham Park Disk Golf Course underwent a face-lift during the spring. This wonderful new park feature in Wasaga Beach now has a nine-hole layout with pro-grade baskets. Make sure to utilize the U-Disk App on your phone to track your game and if you are wondering where Pridham Park is please scan here:



Fitness Trails

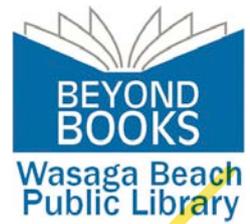
As part of June is Parks and Recreation month, the Town has added two fitness trails in Wasaga Beach conveniently located at the east and west central ends. If you venture to the RecPlex and are looking for fitness opportunities make sure you check out the one located in the Oakview Woods trails. The second trail is located at the Wasaga Stars arena in the trails that begin behind the outdoor pickleball/basketball court area. Enjoy and check out this video to assist you in your quest for active-living and well-being!



March Break

Watch for the annual Kids Fun Zone schedule in the Town's March Break publication for your guide to all that's going on Wasaga Beach March 13 - 17! The Town will host a March Break Day Camp, the Youth Centre has extended hours and there is always something fun to do while your kids are out of school!

ALL THE FREE THINGS!



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◀ **SCAN ME FOR PROGRAM INFO**



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ALL YEAR SOCCER PROGRAMS FOR KIDS & ADULTS IN WASAGA BEACH

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INDOOR: November-April

BOYS, GIRLS U4 (2018) to U14 (2008) YOUTH U15-U17

TRAINING & GAMES, CAMPS, TOURNAMENTS, PRIVATE LESSONS, BIRTHDAY PARTIES, ADULT PICK-UP

For more info and to register visit nonstopsoccer.ca or call 705-664-1300

REGISTRATION IS OPEN!

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 @nonstopsoccer.ca

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Rangers (ages 15-17)
Trex (ages 12-17+) Guiders (18+)

Register Online!
register.girlguides.ca | 1 800 565 8111

YOUTH TRANSIT PASS



- Are you aged 11-19?
- Are you a Wasaga Beach resident?
- Are you interested in a \$5 monthly bus pass?

Purchase a bus pass for a \$5 monthly fee. Passes can be purchased at the Townhall, Library, RecPlex or online at wasaga.usetransit.com



Beaver Scouts - Explore The Pond
Wednesdays 6:30 - 7:30pm Ages 5-7

Cub Scouts - Explore The Jungle
Tuesdays 6:30 - 8:00pm Ages 8-10

Scouts - Blaze A Trail
Thursdays 6:30 - 8:30pm Ages 11-14

For Registrations and Information:
Go online to www.scouts.ca

Contact:
Group Commissioner - Jennifer Theunissen
firefyrcks@icloud.com

ROYAL CANADIAN AIR CADETS

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Marksmanship
Making Friends & Having Fun

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Website: www.facebook.com/714wbac
Email: 714Air@cadet.gc.ca

CHILDRENS RECREATION



Youth Multi-Sport, Physical Training

Give your young athlete the edge with advanced physical training to bring their game to the next level! These programs will guide your young athlete through an advanced training repertoire. Physical fitness coaches will focus on goal setting, managing expectations, nutrition, learn to train, train to train and train to compete phases of athletic development.

Session I: Fridays, Oct. 28 – Dec. 16

Session II: Fridays, Jan. 13 – Mar. 10

Times: U12 Learn to Train 6:00 – 7:00 pm

U14 Train to Train 7:00 – 8:00 pm

U18 Train to Compete 8:00 – 9:00 pm

Fees: \$98.00/session (HST will be applied to all participants 15 years of age and older)

Location: RecPlex Oakview Room, 1724 Mosley St. *Suitable indoor and outdoor athletic wear will be required for this program*

No Programs: Feb. 17



Wado Kai Karate

Karate is an excellent way to develop self-confidence and discipline. The Wado Kai eight week program has been developed for individuals to progress through graduated skill based classes that promote physical fitness, flexibility and stamina. The Towns karate program has been recognized on a provincial and national level. It is never too late to develop new skills and karate could be the perfect fit for you and your entire family.

Session I: Wednesdays, Sept. 14 – Nov. 16

Session II: Wednesdays, Nov. 30 – Feb. 1

Session III: Wednesdays, Feb. 15 – Apr. 12

Times: Beginners 5:00 – 6:00 pm

Beginner/Intermediate 6:15 – 7:15 pm

Advanced 7:30 – 9:00 pm

Fees: \$110.00 Beginner/Int. (6-14 years),
\$110.00 + HST Beginner/Int. (15 years +)
\$120.00 Advanced (12-14),
\$120.00 + HST Advanced (15+)

Location: RecPlex Oakview Room, 1724 Mosley St.

No Programs: Oct. 19, Dec. 28, Jan. 4, Mar. 15



Parent and Tots

Enjoy social time while your children play and engage with others their own age. Take part in interactive play, crafts, songs and informative activities that you and your child will enjoy. Sponsored in part by the Town of Wasaga Beach.

Dates: Fridays, Sept. 9 – Mar. 10

Time: 9:30 – 11:30 am

Fees: Free of Charge

Location: RecPlex Oakview Room, 1724 Mosley St.

No Programs: Oct. 14 & 21, Feb. 17

Oakview Woods March Break Day Camp

Register for individual days or for the full week. This day camp is designed to provide fun activities both indoors and outdoors, daily swimming at the YMCA, special guests, crafts, sports and games will all be part of this 5 day program built to inspire, engage and activate.

Dates: Mon., Mar. 13 – Fri., Mar.17

Times: 8:30 am – 4:30 pm

Fees: \$220.00 Full Week, \$55.00 Daily

Location: RecPlex Hall 1/A, 1724 Mosley St.

Late pick up can be arranged for \$20.00 max/min of 1 hr./day/child



Babysitting Courses

This course is designed for children aged 11+, to help safely improve community babysitting standards. Course content covers childcare, child safety, handling emergency situations, accident prevention, first aid, child behaviour and development, discipline, safe toys and games to play. Certification awarded for successful completion.

Session I: Mon., Sept. 26

Session II: Mon., Oct. 24

Session III: Fri., Nov. 18

Session IIII: Fri., Jan. 27

Times: 9:00 am – 4:00 pm

Fees: \$72.00

Location: Wasaga Beach Active Living Centre,
1621 Mosley Street

Bring lunch/snack and a large doll or stuffed animal.



Home Alone Courses

The Home Alone program is designed to provide children aged 9 – 11 with the necessary skills and knowledge to be safer and more responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied.

Session I: Mon., Sept. 26

Session II: Mon., Oct. 24

Session III: Fri., Nov. 18

Session IIII: Fri., Jan. 27

Times: 8:00 am – 12:00 pm

Fees: \$65.00

Location: Wasaga Beach Youth Centre,
1621 Mosley Street

Town of Wasaga Beach Child/Youth Theatre Production

This program is designed for youth, 12 years and older, who have a passion for the spot-light! During this program, participants will hone in on their acting skills through learning a full production a classic story/movie/musical. Participants will work with some of the areas best choreographers, acting coaches and musical directors as they learn, rehearse and perform. The production will be take place over 5 shows in the spring. More details to come!

Dates & Locations:

Fridays, Jan. 13 – Jun. 3 (6:00 – 8:30 pm)

Wasaga Beach RecPlex Hall 1/A, 1724 Mosley St.
Rehearsal in RecPlex Oakview Room: Fri., Apr. 21

Sundays, Jan. 15, - Jun. 5 (10:00 am – 12:30 pm)

Active Arts Studio, 25 45th Street South

Fees: Lead Roles \$295.00

Cast Roles \$195.00

Adult Roles \$75.00

HST will be applied to fees for those individuals, 15 years of age and older.

Performance Tickets \$20.00 each, available at the RecPlex front desk

No Rehearsals: Fri., Feb. 17, Fri., Mar. 17, Fri.
Apr. 7, Fri. Apr. 14

Casting Call: Fri., Jan. 6, 2023 (6:00 – 8:00 pm)
RecPlex Hall 1/A

Performance Dates: Jun. 8–11 at RecPlex



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Youth Centre

The Youth Centre provides a safe and dedicated space to learn and socialize for the community's youth, grades 6 – 12. The facility is equipped with wi-fi, computer stations, a fully renovated kitchen and more. Youth can play on the outdoor sports courts, the ping pong table, Nintendo Switch or any of the other 4 gaming consoles. The centre dedicates time for homework help, resume building, cooking lessons, and physical activity. Youth Centre staff aim to provide youth with resources and programs needed to support a healthy and active lifestyle.

Location: Youth Centre, 1621 Mosley Street

Phone: 705 422-2494

Email: youthcentre@wasagabeach.com

Social Media: Follow @WBYouthCentre on Facebook, Instagram, and Twitter

Youth Centre Grill Team

The Wasaga Beach Youth Centre is often at various special events around town selling food to raise funds for local youth programming! Make sure to have an eye out for us at these events, including Hootenanny, Snowman Mania and Funderland. Try our grilled to order hamburgers, hotdogs and famous poutine – all going towards a good cause!

Bring a Friend Program

Bring a friend to the Youth Centre and sign up for a FREE membership to be entered into a draw to win a pizza party with all your closest pals, and take over the Wasaga Beach Youth Centre for your own private party!

Grade 5 Try It Days

Can't wait to be in grade 6 and become a Youth Centre member? Our grade 5 days are for you! Come check out all the latest and greatest activities during these times, specifically tailored for our future Youth Centre members! Meet the staff, get to know the space and experience all the great things going on during our nightly programs!

Dates: Last Monday of the each Month

Times: 3:30 – 6:30 pm

Location: Youth Centre, 1621 Mosley Street

Youth Centre Support Committee

This Committee is comprised of Youth Centre members, adult volunteers and the Youth Programmer. The purpose of the Youth Centre Support Committee is to support, develop and grow the Town of Wasaga Beach Youth Centre. Have an idea of how to improve the Youth Centre or better yet, want to be a part of YCSC and help to make WBYC everyone's favourite hangout? Contact the Youth Programmer for more information; youthprogrammer@wasagabeach.com

Support Your Local Youth Centre

The Wasaga Beach Youth Centre would like to thank the community for their ongoing support. The Youth Centre is always looking for donations to continue offering youth programs tailored to supporting wellbeing, leisure education, and quality of life and community engagement. If you or your organization is interested in making a donation please contact the Wasaga Beach Youth Centre at 705 422-2494.

**SCAN TO SIGN UP
FOR REGISTERED
PROGRAMS NOW**



YOUTH RECREATION

Drop-In Programs



Youth Night @ YMCA

Meet at the Youth Centre for pizza before walking to the RecPlex to participate in open swim and activities in the gymnasium.

Date: Fridays

Time: 5:00 pm

Location: Youth Centre, 1621 Mosley Street
& YMCA, 1724 Mosley Street

PA Day Drop-In

The Youth Centre has extended hours during PA Days; come in from 1:00 – 9:00 pm and never have another boring PA Day again! Hang out with your friends and make new ones. Enjoy a healthy snack, sports, crafts, computers, video games and special activities. All FREE! Please check the Youth Centre schedules for more information.

2022 Dates: Sept. 26, Oct. 24 & Nov. 18

2023 Dates: Apr. 28 & Jun. 20

Time: 1:00 – 9:00 pm

Location: Youth Centre, 1621 Mosley Street

Game On

Enjoy an evening filled with fun and games every Monday night, including board, table and video games. The centre has indoor basketball, Ping Pong, Monopoly, a Nintendo Switch, and outdoor games. Come join in on the fun and have some friendly competition with your peers!

Date: Thursdays

Time: 6:00 pm

Location: Youth Centre, 1621 Mosley Street

Baker's Block

Grab your aprons! Baker's Block will give youth the ingredients from scratch, and provide instruction on the use of different kitchen tools and following a recipe. Youth will use their new baking techniques to make different pastries, breads and desserts.

Session I: Thursdays, Sept. 8 – Oct. 27

Session II: Thursdays, Jan. 5 – Mar. 2

Time: 4:30 – 6:00 pm

Location: Youth Centre, 1621 Mosley Street



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YOUTH RECREATION

Drop-In Programs - CONTINUED



Bike Night

Get ready for a night of adventures! Youth can bring their bikes to the Youth Centre to meet before traveling to different locations each week with a variety of trails, roads and ramp aspects. Helmets are required to participate.

Dates: Tuesdays, Sept. 6 – Oct. 25

Time: 4:30 – 6:00 pm

Location: Youth Centre, 1621 Mosley Street

East Side, Power-Play Lounge

Stop by the Wasaga Stars Arena for the Youth Centre's Power-Play Lounge! Tuesday evenings at the Wasaga Stars Arena with a twist! Enjoy an evening of pre/post game snacks, Nintendo Switch, ping pong, outdoor activities like basketball, mini sticks, pickleball, outdoor fitness equipment and trails.

Date: Tuesdays, Sept. 20 – Mar. 7

Times: 4:00 - 8:30 pm

Location: Wasaga Stars Arena Auditorium,
425 River Road West

No Programs: Dec. 26 & Jan. 3

Cooking Corner

Youth will have the opportunity to shoot instructional how-to videos on some of the Youth Centre's favourite dishes. Youth will be picking the food, cooking it, and shooting the videos that will be posted to online as part of the Cooking Corner YouTube series.

Session I: Tuesdays, Nov. 1 – Dec. 20

Session II: Tuesdays, Jan. 10 – Feb. 28

Time: 5:00 – 7:00 pm

Location: Youth Centre, 1621 Mosley Street

Youth Cafe

Youth Café is an inclusive program where youth and staff will discuss different topics relevant in today's society such as LGBTQ+, motivation and coping. This program will be offered in a safe space. Youth will be given a café style beverage, a snack and have the opportunity to participate in games during the discussions.

Dates: Thursdays, Nov. 3 – Dec. 22

Time: 4:30 – 5:30 pm

Location: Youth Centre, 1621 Mosley Street

Show-Time and Snacks

Stop by the Youth Centre to enjoy some freshly popped popcorn, snacks, and a movie. Be sure to vote on the movie in our Instagram and Facebook stories earlier in the week!

Date: Tuesdays

Time: 6:00 pm

Location: Youth Centre, 1621 Mosley Street

Skating

Join us for an evening skate at the Oakview Woods Outdoor Rink. The Youth Centre has skates for participants who may not have their own set. Meet us at the Youth Centre and walk over to the rink with staff.

Dates: Tuesdays, Jan. 10 - Mar. 7

Time: 5:00 pm

Location: Oakview Woods Outdoor Rink,
1816 Mosley Street

March Break

Looking for fun during March Break? Join the Wasaga Beach Youth Centre from Monday - Saturday for extended March Break Hours! Every day will be a different themed day filled with games, snacks and giveaways!

Date: Mar. 13 – 18

Time: 1:00 – 9:00 pm

Location: Youth Centre, 1621 Mosley Street

Just Craftin' Around

Every Monday join us to create new artistic projects and crafts. Youth will explore their skills through painting, drawing, sculpting and digital media.

Date: Mondays

Times: 6:00 pm

Location: Youth Centre, 1621 Mosley Street

Youth Kitchen

Learn cooking skills before enjoying the food you have made. With the help of staff, youth will be able to help prepare snacks, dinners and desserts.

Date: Wednesdays

Time: 6:00 pm

Location: Youth Centre, 1621 Mosley Street

YOUTH RECREATION



Wasaga Youth Give Back to the Community Events

Community Clean-Up

Date: Sat., Oct. 15

Time: 1:00 - 9:00 pm

Location: Youth Centre, 1621 Mosley Street

Food Drive

Date: Month of Feb. 2023

Location: Youth Centre, 1621 Mosley Street

Community BBQ and Open House

Date: Sat., Sept. 24

Time: 12:00 – 1:00 pm

Location: Youth Centre, 1621 Mosley Street

Santa Claus Parade Hot Chocolate and Open House

Stop by the Youth Centre during the Santa Claus Parade on Sat., Nov. 26 and pick up a gourmet hot chocolate or coffee and enjoy the parade.

Date: Sat., Nov 26

Time: Parade times TBD

Location: Youth Centre, 1621 Mosley Street

FREE Halloween Skating at the Wasaga Stars Arena

Put on your best costume and come out for a FREE public skate at the Wasaga Stars Arena. Prizes will be given out for best dressed families and individuals. All kids in attendance will receive a spooky treat bag!

Date: Fri., Oct 28

Time: 6:00 – 8:00 pm

Location: Wasaga Stars Arena, 425 River Road W

Youth Centre 12th Anniversary & Open House

The Wasaga Beach Youth Centre opened its doors on November 8, 2010! Come celebrate with us as we look back on the past year of programs and activities as we celebrate our youth, various milestones, wonderful donors, and volunteers.

Date: Tues., Nov. 8

Time: 5:00 – 6:00 pm

Location: Youth Centre, 1621 Mosley Street

Registered Programs

Art Attack

The Youth Centre Art Attack program is a fun and engaging fine arts program created to allow participants the opportunity to gain new skills to create unique pieces of fine art work. This program provides youth the opportunity to unlock their creativity and express themselves. Pre-registration is required! Registration fees will cover art supplies for this eight week program.

Session I: Thursdays, Sept. 15 – Nov. 3

Session II: Thursdays, Jan. 12– Mar. 2

Time: 6:00 – 7:30 pm

Fees: \$15.00/Session

(HST will be applied for participants 15+)

Location: Youth Centre, 1621 Mosley Street



Halloween Haunt, Canada's Wonderland

Town staff will be taking Wasaga Beach youth (grades 6 – 12) to Canada's Wonderland for their annual Halloween Haunt. This trip includes transportation, entry fee, and a pizza dinner. Town staff chaperone the trip and space is limited, this program always fills fast so register today!

Date: Sat., Oct. 22

Time: 4:00 pm drop off, 12:45 am pick up

Fees: \$60.00 (plus HST for participants 15+)

Location: Drop off/pick up at Youth Centre, 1621 Mosley Street



Youth Adventure Saturdays All-Access Pass

Gain access to all the Adventure Saturday programs with one fee and pass. This pass will get you access to: Canada's Wonderland Halloween Haunt, Snow tubing at Snow valley, Trip to X-Play in Barrie and all the other awesome youth programs that are part of the Adventure Saturdays.

Fees: \$125.00 (Details of each Adventure Saturday below)



Springwater Bowling Lanes

Youth can enjoy a round of bowling with Youth Centre staff and friends! Registration fee includes round of bowling and shoes.

Date: Sat., Nov. 19

Time: 3:00 pm

Fees: \$10.00

Location: Drop off/pick up at Springwater Bowling Lanes, 120 Young St. N. (Elmvale)

Please Note: Participants are responsible for their own transportation.

X-Play Barrie Trip

Don't miss out on an hour of fun at Barrie's largest trampoline park, join us for an hour of jumping and endless fun. Fee includes transportation and entrance to X-Play.

Date: Sat., Dec. 17

Time: 1:00 pm drop off, 3:45 pm pick up

Fees: \$25.00

Location: Drop off/pick up at Youth Centre, 1621 Mosley Street

Snow-Shoe & Pizza

Explore the Wasaga Beach trails during winter, all while learning how to snow-shoe. Join us after at the Youth Centre for some hot chocolate and pizza! Youth will meet staff at Youth Centre and depart from there. Registration includes snow-shoes, hot chocolate and pizza.

Date: Sat., Jan. 28

Time: 2:00 pm

Fee: \$10.00

Location: Drop off/pick up at Youth Centre, 1621 Mosley Street



Snow Valley Snow Tubing

Snow Valley offers the best snow tubing terrain in Ontario! Snow Valley has 3 lifts and 14 tubing lanes that youth can enjoy 2 hours of unlimited tubing. Registration fee includes transportation and 2 hours of unlimited tubing at Snow Valley.

Date: Sat., Mar. 18

Time: 4:00 pm

Fee: \$35.00

Location: Drop off/pick up at Youth Centre, 1621 Mosley Street

Register Today

DANCE STUDIO

DANCE BY DESIGN

Kinder Dance Age 2-5

Ballet

Jazz

Tap

Acrobatics

Hip Hop

Lyrical

Contemporary

Musical Theatre

Pointe

Conditioning

Adult

Wedding

Rec Fun

Competitive

Privates

Schools

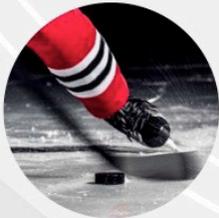
Camps

Celebrating 20 Years Of Dance Excellence In Wasaga Beach!

visit: dancebydesign.ca To Register Your Dancer
Just minutes from Elmvale, Stayner, Collingwood



Girls Only Summer Camps



Hockey/Figure Skating Camps

DAY

OVERNIGHT



Power Skating

Sk8 with a Puck

Elite Hockey Skating and Skills Program



Figure Skating

Learn to Skate

FOR MORE INFORMATION

Jan Hulme

705-816-isk8 [4758]
jan@sk8georgianbay.com

www.sk8georgianbay.com

WASAGA STARS ARENA PROGRAMS

425 River Road West



Parent & Tot Skate

Parents are invited to bring their pre-schoolers to the Arena for a program restricted to only parents (or grandparents/guardians) and their children. Children participating must be under 6 years of age. Helmets are strongly recommended for all participants. No training, sticks and/or pucks are allowed.

Session I: Mondays & Fridays, Sept. 9 – Dec. 23

Session II: Mondays & Fridays, Jan. 9 – Jun. 30

Times: 10:00 – 11:00 am

Fees: \$1.50/person or \$6.00/family

No programs: Oct. 10, Feb. 20, Apr. 7, 10, May 22

Adult Skate

Come out and enjoy the music, friendship, and exercise. Skilled, novice, and beginner skaters welcome. Helmets are strongly recommended for all participants. No training, sticks and/or pucks are allowed.

Session I: Mondays & Thursdays, Sept. 8 – Dec. 22

Session II: Mondays & Thursdays, Jan. 9 – Jun. 29

Times: 11:00 am – 12:00 pm

Fees: \$1.50/person or \$6.00/family

No programs: Oct. 10, Feb. 20, Apr. 10, May 22

Shinny

Come out and enjoy a pickup game of hockey. Full equipment including a CSA approved helmet is required.

Session I: Fridays, Sept. 9 – Dec. 23

Session II: Fridays, Jan. 13 – Jun. 30

Times: 12:00 – 1:30 pm

Fees: \$5.00/person

No programs: Apr. 7

Public Skate

Skating opportunity where participants of all ages can enjoy a leisurely skate around the ice surface. Skate patrol are on the ice to monitor the program and provide assistance as required. Helmets are strongly recommended for all participants. No training, sticks and/or pucks are allowed.

Dates: Sundays, year-round
(except holiday weekends)

Times: 6:00 – 7:30 pm

Fees: \$1.50/person or \$6.00/family

No programs: Sept. 4, Oct. 9, Dec. 25, Jan. 1,
Feb. 19, Apr. 9 & May 21

ADULT RECREATION



Adult Co-Ed Indoor Volleyball

Our co-ed indoor volleyball program is a great way for adults to meet new people, sign up with your friends or as an individual and make some great new connections through sport. Time slots available on a first come first server basis, priorities given to full cohorts.

Session I: Wednesdays, Sept. 7 – Dec. 21

Times: 6:00 – 7:30 pm or 7:45 – 9:15 pm

Fees: \$65.00 + HST/person/time-slot

Location: Wasaga Beach RecPlex Hall 1/A,
1724 Mosley Street

No Programs: Sept. 21, Oct. 19, Nov. 9

Low-Impact Pilates

Join our low impact Pilates program lead by Lindsay Elms, certified fitness coach and instructor. This program will focus on strengthening, toning and shaping. Each routine is geared for beginner to intermediate exercisers and is suitable for individuals of all ages. Classes will be run out of the RecPlex Oakview Meeting Room.

Session I: Wednesdays, Nov. 2 – Jan. 4

Session II: Wednesdays, Jan. 18 – Mar. 8

Time: 1:00 – 2:00 pm

Fees: \$65 + HST/session

Bring your own exercise mat

Location: RecPlex Oakview Meeting Room,
1724 Mosley Street

No Classes: Dec. 7 & 28



Co-Ed Volleyball Tournaments

Whether you're a recreational or competitive volleyball player, this co-ed volleyball tournament will guarantee to be a hit with you and your friends! Recreation and competitive divisions available pending registration. Fully officiated, three men, three women on the court at all times.

Tournament I: Sun., Nov. 6

Tournament II: Sun., Mar. 12

Times: 9:00 am start

Fees: \$175 + HST/team/tournament

Location: Wasaga Beach RecPlex Hall 1/A and B,
1724 Mosley Street

Fab, Fit n' Fun

Our certified fitness coaches will lead you through one hour workouts during this eight week program. These workouts will focus on building physical strength, conditioning and can be tailored to individual needs.

Session I: Wednesdays, Sept. 7 – Oct. 26

Session II: Wednesdays, Nov. 9 – Jan. 4

Session III: Wednesdays, Jan. 11 – Mar. 1

Times: Low-Mid Intensity 5:45 – 6:30 pm
Mid-High Intensity 6:35 – 7:35 pm

Fees: \$75.00 + HST

Location: Wasaga Stars Arena Recreation Hall,
425 River Road West

No Programs: Dec. 28

(FREE) Aquafit

Is Aquafit something you have been wanting to try? Well here is your chance to try it for FREE! These aerobic fitness classes are now more popular than ever! Stay in shape without pounding the concrete, make new friends and have some fun with Lindsay Elms, Certified Instructor Specialist. Register online today at www.wasagabeach.com, maximum class size is 30 participants.

Date: Third Friday of Every Month

Time: 2:15 – 3:00 pm

Fees: Free of Charge

Location: Wasaga Beach YMCA Pool,
1724 Mosley Street



RecPlex Pickleball

Cohorts of 12 will be provided a 90 minute time slot on either Mondays, Wednesdays or Thursdays. The middle time slot each day is strictly reserved for individuals:

- 8:15 – 9:45 am
- 10:00 – 11:30 am
- 11:45 am – 1:15 pm (individual registrants only)
- 1:30 – 3:00 pm
- 3:15 – 4:45 pm

Session I: Oct.17, 26 & 27 – Dec. 19, 21 & 22

Fees: \$360.00 + HST/cohort/time slot/day
\$35.00 + HST/individual/time slot/day

Location: Wasaga Beach RecPlex Hall 1/A,
1724 Mosley Street

No Programs: Oct. 24

Session II: Jan. 9, 11 & 12 – May 15, 10 & 11

Fees: \$715.00 + HST/cohort/time slot/day
\$68.00 + HST/individual/time slot/day

Location: Wasaga Beach RecPlex Hall 1/A,
1724 Mosley Street

No Programs: Feb. 20, Mar. 13, Mar. 15, Mar. 16
Apr. 10, 19, 20

Cohort rosters can contain up-to six (6) reserve players who are eligible as substitutes. Names must be submitted at the time of registration.

Registration deadlines:

Session I:
Friday, Oct. 7 (4:00 pm)

Session II:
Friday, Dec. 16 (4:00 pm)



REGISTER NOW

Pickleball Lessons and Training with Taylored Pickleball Academy (TPA)

The Town of Wasaga Beach is offering Pickleball Lessons in partnership with Taylored Pickleball Academy at the Wasaga Beach Recreation Complex on Tuesday mornings. Taylored Pickleball Academy, one of pickleball's foremost and quality instructional teams, is sure to be a hit with you and your friends as you take your game to the next level during these four week training blocks.

Intro to Pickleball 9:00–10:00 am or 10:10–11:10 am
Getting into a hobby for the first time as a beginner can be overwhelming. But it doesn't always have to be that way. Pickleball 101 is a great way to start playing pickleball and help you become more confident in your game play.

Pickleball for Players 11:20 am–12:20 pm
If you have a basic understanding of pickleball and are ready to build your skills, this is the class for you. TPA will lead you through a series of drills and mentored play to help strengthen your game.

Pickleball for the Competitive 12:30 – 1:30 pm
Take your game to the next level and prepare for your local tournaments, learn strategy and skills specifically related to serving, returns, drops, drives, volleys, dinks, lobs and overhead smashes.

Session I: Tuesdays, Oct. 25 – Nov. 15

Session II: Tuesdays, Nov. 22 – Dec. 13

Session III: Tuesdays, Jan. 31 – Feb. 21

Session IV: Tuesdays, Feb. 28 – Mar. 28
(no class Mar. 14)

Instructor/Coach: Taylored Pickleball Academy

Fees: \$65.00 + HST/person/session

Location: RecPlex Hall 1/A, 1724 Mosley Street

ADULT RECREATION

RecPlex Thursday Night Drop-in: Cornhole, Badminton and Pickleball

One pass gets you access to all three of these activities! Looking to pick-up Pickleball or play with some friends on a Thursday night, this is a great time for you to seek some serious competition or just bat the ball around with your family and try it out. Badminton is a great game both at a competitive or recreational level. It requires not only skill but also extensive body movement, which helps to keep you physically fit and strong. Corn-Hole is one of Canada's favorite backyard games and it's coming indoors to the Wasaga Beach RecPlex on Thursday nights!

Dates: Thursdays, Sept. 8 – Mar. 9

Times: 6:00 – 9:00 pm

Fees: Drop-in \$5.00 (tax in), 10 pass \$40 + HST

Location: Wasaga Beach RecPlex Hall 1/A,
1724 Mosley Street

No Programs: Nov. 3, 10 & 17, Dec. 29



CPR & First Aid Courses

Certification provided through the Lifesaving Society of Canada. All course materials and certification cards are included in the price of the course. All courses are recognized by the Workplace Safety and Insurance Board (WSIB).

CPR C

This 3 hour course covers all aspects of CPR skills and theory for adults, children and infant including two-rescuer CPR and an introduction to the purpose of an AED and when to use it.

Date: Sun., Sept. 18

Times: 9:00 am – 12:00 pm

Fees: \$85.00 + HST

Location: Wasaga Beach Youth Centre,
1621 Mosley Street

CPR-HCP

Covers all aspects of CPR skills and theory for adult, child and infant victims, including rescue breathing (artificial respiration) and the use of AEDs and bag-valve-masks (BVM). This Health Care Provider level is designed specifically for those who, as part of their job descriptions as Health Care Providers, have a duty to respond to medical emergencies (e.g., doctors, nurses, paramedics and allied health care professionals).

Date: Sun., Sept. 18

Time: 9:00 am – 2:00 pm

Fees: \$105.00 + HST

Location: Wasaga Beach Youth Centre,
1621 Mosley Street

Standard First Aid and CPR with AED

Provides comprehensive training covering all aspects of first aid and CPR. This course is for those who want an in-depth understanding of first aid such as; medical/legal aspects, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies.

Day I: Sat., Dec. 17

Day II: Sun., Dec. 18 (Recertification)

Fees: \$155.00 + HST, Full Course with CPR & AED
\$105.00 + HST, Recertification

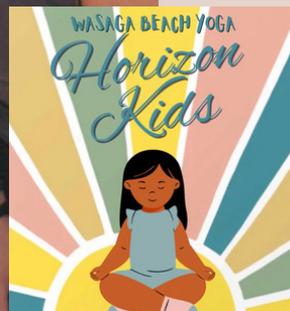
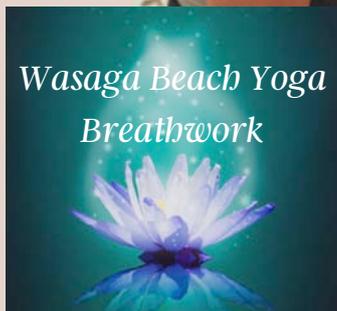
Time: 9:00 am – 3:00 pm

Location: Wasaga Beach Youth Centre,
1621 Mosley Street



WASAGA BEACH YOGA

Join us!



CALM • CONNECTION • COMMUNITY

Hot Yoga / Pilates / Gentle Yoga / Beach Yoga
Yoga with weights / Reiki Healing
Breathwork / Horizon Kids Events

1470 Mosley St Unit 1
Wasaga Beach, ON
L9Z 2C2

wasagabeachyoga.ca | +705-717-6932 / Leslie +647-567-4802 / Sinead



PRIME TIME CLUB INC.

Membership is open to ages 50 and over. The club operates all year round with 700 plus members. Membership fees are \$20.00 yearly. General meetings are semi-annual; April & October.

WEEKLY SCHEDULE:

Mondays

Basic - Keep Fit:	8:45 am
Prime Time Singers:	10:00 am
Men's Snooker:	12:00 pm
Shuffleboard:	1:30 pm
Euchre:	7:00 pm

Tuesdays

Line Dancing	10:15 am
Tap Dancing	12:15 pm
Cribbage	1:00 pm
Short Mat Bowling	2:30 pm
Bid Euchre	7:00 pm

Wednesdays

Basic - Keep Fit	8:45 am
Keep Fit	10:00 am
Men's Snooker	10:00 am
Men's Snooker	12:00 pm
Short Mat Bowling	2:00 pm
Dart League (Sept-May)	7:00 pm

Thursdays

Ladies & Mixed Snooker	9:00 am
Scottish Country Dancing	10:00 am
Ladies Crafts & Laughs	1:00 pm
Traditional Rug Hookers	1:00 pm
Bridge	1:00 pm

Fridays

Basic - Keep Fit	8:45 am
Zumba	9:45 am
Men's Snooker	12:00 pm
Bid Euchre	7:00 pm

Saturdays

Social Evening	7 – 9:00 pm
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705-429-4266

primetimeclub@rogers.com

www.primetimewasaga.com

412 CLUB

A membership activity club open to senior's aged 50 years and over. Club activities currently include Euchre and Bid Euchre. The Club operates weekly from Sept. to June with 100 + members.

Activity date is every Wednesday at the RecPlex, with cards beginning at 1:00pm.

Contact: Luane Dorion by phone at 705-429-3311 or email at dorion2003@rogers.com.

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Monthly

Fresh, Healthy and Affordable
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WASAGA BEACH CO-OPERATIVE NURSERY SCHOOL

- An Educational Pre-school program to help prepare your child for kindergarten
- Run from September through June
- Monday to Friday 9:30-12:00 p.m.
- All children welcome
- Government Subsidies are Available

An excellent program for your child's first learning & social experience!
SPACE ARE LIMITED © CALL TO REGISTER TODAY ©

705-429-4228 © wbcnurseryschool@gmail.com

Licensed with the Ministry of Education, run with a Registered Early Childhood Educator

Located at the Wasaga Beach Recplex
1724 Mosley St., Wasaga Beach



Join us for...

- Weekly mtgs
- ART SHOWS
- WORKSHOPS
- ART GALLERY

Meets Tuesday Sept-June 1-4p.m.

At the REC PLEX – Oakview Mtg Rm

For more info visit or call:

www.wasagaartists.ca 705 429-6424

OLDER ADULT RECREATION

Seniors Active Living Centre Programs



Seniors Active Living Centre (SALC)

The Seniors Active Living Centre is a shared facility with the Wasaga Beach Youth Centre at 1621 Mosley Street. The Seniors Active Living Centre offers;

- Computer lab of 6 stations with large screen monitors
- Android tablets available for use on site
- Free wifi access
- TV with streaming and cable access
- Outside spaces and gardens (seasonal)
- Couches and lounge area
- Separate building for crafts, hobbies and meetings
- Large assortment of puzzles and board games
- Large modern kitchen
- Sports equipment, snowshoes, walking poles and a ping pong table
- Bus stop directly in front of facility
- Fully accessible

Please Note: Programs do not run on statutory holidays, and the Senior Active Living Centre will not operate from Dec. 19, 2022 to Jan. 2, 2023. For the safety of our participants and volunteers, programs do not take place when schools busses are not operating due to poor road conditions.

For registration procedures, please refer to pages 5 & 6.

Registration for FREE Seniors Active Living Centre weekly programs is on-going through out the session. Participants are encouraged to pre-register to secure a spot, as some programs do have capacity limits.

Guitar Jammers

The Guitar Jammers practise every Tuesday at the Seniors Active Living Centre. New participants are asked to know how to play basic guitar chords, and able to play along with others in a group format. Don't play guitar, but like to sing? Singers are welcome to join the group and sing along.

Session I: Tuesdays, Sept. 13 – Dec. 6

Session II: Tuesdays, Jan. 10 – Mar. 7

Time: 1:00 - 3:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

Ukulele Meetup

This is an opportunity for beginner ukulele players to practice easy and fun ukulele songs with others. Ukulele songs are projected onto a large screen and participants play along together. This is not a formal lesson format, but an opportunity to build on ukulele basics, and play with others.

Dates: Tuesdays, Jan. 10 – Mar. 7

Time: 1:30 – 2:30 pm

Location: Seniors Active Living Centre,
1621 Mosley Street



SENIOR OF THE YEAR AWARD

Do you know a senior (65 yrs+) who deserves recognition for their volunteer work?

Nominations will be accepted from November 1 - February 28, 2023.

SAVE THE DATE

The Age-Friendly Expo 2023 will be happening again in June - Stay tuned for details.

WANT MORE?

Follow us on social media for news on grants, programs, and current info.

wasagabeachseniors.com

wasagabeachseniors@gmail.com



OLDER ADULT RECREATION

Seniors Active Living Centre Programs



Seniors Helping Seniors - Computer Buddies Support

Are you looking for some assistance with your android tablet or your iPad? Senior Computer Buddy volunteers are on hand on Tuesday mornings at the Seniors Active Living Centre. The SALC has Android tablets available to borrow or use within the facility, a computer lab of 6 computers with internet access and FREE wi-fi. Volunteers can assist with basic getting started instruction offered in a group format. Registered participants are required to complete a needs assessment form.

Session I: Tuesdays, Oct. 11 – Dec. 6

Session II: Tuesdays, Jan. 10 – Mar. 7

Time: 10:00 am – 12:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

Registration assessment forms available at 1621 Mosley Street.

Group Walking/Pole Walking

Group meets outside the Seniors Active Living Centre building. Participants walk year round, weather permitting. If it is raining, icy – program does not run. Social group walk on the trails, Provincial Park and beaches surrounding the Seniors Active Living Centre. (Poles are available to try)

Session I: Mondays, Sept. 19 – Dec. 5

Session II: Mondays, Jan. 9 – Mar. 6

Times: 9:30 – 10:30 am

Location: Seniors Active Living Centre,
1621 Mosley Street

Prevention of Senior Abuse Network of Simcoe County

The mission is to promote community participation in a network that is dedicated to raising awareness, prevention and response to senior abuse in Simcoe County through advocacy, education and collaboration. On October 17, the SALC will be partnering with PSAN of Simcoe County to offer an educational session.

Date: Mon., Oct. 14

Time: 1:00 – 3:00pm

Location: Seniors Active Living Centre,
1621 Mosley Street

South Georgian Bay Community Health Centre presents “Chats with a Dietitian”

Join Sydney Lougheed who will present a variety of engaging discussion topics each month at the Seniors Active Living Centre.

Dates:

Mon., Oct. 3 Fall Cleaning in the Kitchen

Mon., Nov. 7 Hydration

Mon., Dec. 5 Healthy Baking Swaps for
the Holidays

Mon., Jan. 9 Food Safety

Mon., Feb. 6 Label Reading/Grocery Tips

Mon., Mar. 6 Healthy Cooking for One

Time: 1:00 – 2:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

Wednesday Coffee Social and Games

Meet new friends, discuss what is happening locally in Wasaga Beach, watch TV, or browse the internet on one of our computers. Participants are encouraged to puzzle, play darts, scrabble, and play dominos or ping pong. On the first Wednesday of each month, participants review the monthly Seniors Active Living Centre Calendar and upcoming Town special events to get the latest updates, and provide suggestions for the following months activities.

Session I: Wednesdays, Sept. 21 – Dec. 7

Session II: Wednesdays, Jan. 11 – Mar. 8

Time: 1:00 – 3:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

Hobby Lobby Arts, Craft & Hobby Space

Drop in and meet others who enjoy various crafting activities and hobbies. Monthly programs are created and designed with input from our participants. There is always an option to do your own thing, while chatting with other hobby and crafts enthusiasts.

Session I: Thursdays, Oct. 6 – Dec. 8

Session II: Thursdays, Jan. 11 – Mar. 9

Time: 1:00 – 3:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

OLDER ADULT RECREATION

Seniors Active Living Centre Programs



Makers Spaces Hobby Classes

Each month in the Seniors Active Living Centre we offer introductory classes, while these 4 week sessions provide an opportunity for participants to learn more about a speciality..

Session I: Thursdays, Oct. 6 – 27 – Just Jewellery

Session II: Thursdays, Nov. 3 – 24 – Just the Critcut

Session III: Thursday, Dec. 8 – Holiday Floral Centre Pieces

Time: 1:00 – 3:00 pm

Fees: I & II \$30.00/ea. plus HST, III \$15.00 plus HST

Location: Seniors Active Living Centre,
1621 Mosley Street

VON - Healthy Aging Education Series

Maintain your independence! Reduce your risk of having a fall! Understand your health! This program is designed for those 55+, their caregivers and family members. Presentations are one hour, with an opportunity to ask questions.

Dates:

Mon., Oct. 31 Taking Charge of your Health

Mon., Nov. 28 Medications

Mon., Dec. 19 Nutrition & Hydration

Mon., Jan. 30 Exercise, Posture and Staying in a Healthy Condition

Mon., Feb. 27 Sleep

Mon., Mar. 27 Keeping your Brain Healthy

Time: 1:00 – 2:00 pm

Location: Seniors Active Living Centre,
1621 Mosley Street

Rhythm of the Beach in partnership with the Wasaga Beach Public Library

Drumming with your hands and getting into the rhythm with the group can be therapeutic, hypnotic or just plain fun! This skill building workshop is for the beginner or experienced drummer.

Dates: Tuesdays, Sept. 6 - Nov. 1

Time: 11:00 am – 12:00 pm

Location: Wasaga Beach Public Library,
92 Glenwood Avenue

PLEASE NOTE: Call the Library at 705 429-5481 to register and reserve a drum.

VON SMART Exercise Program

The VON SMART program (Seniors Maintaining Active Rolls Together) is a research and evidence based exercise and fall prevention program. SMART is designed for community members 55+ who, regardless of current levels of ability, wish to maintain or are deficit in one or more of the following areas; upper/lower body strength, balance and flexibility. All programs are client-focused and tailored to the needs of the participants.

Session I: Mondays & Fridays, Sept. 12 – Dec. 9

Session II: Mondays & Fridays, Jan. 9 – Mar. 10

Time: 1:00 – 2:00 pm

Location: Wasaga Stars Arena Recreation Hall,
425 River Road West

PLEASE NOTE: Call VON to register at 705 355-2200.

No Programs: Oct. 14 & 21

OLDER ADULT RECREATION



Country Line Dancing – Absolute Beginner “Just the Steps”

Have you always wanted to try Line Dancing but your feet just don't seem to catch on to the steps? Join us for a “Just the Steps” class, and learn a few of the basic steps and sequences.

Dates: Fridays, Sept. 2 & 9

Time: 1:00 – 1:45 pm

Fees: Free of Charge

Location: RecPlex Oakview Room,
1724 Mosley Street

Country Line Dancing

A fun Country Line Dancing program for the beginner line dancer. Each class will provide opportunity instruction, and the last ½ hour of the class is an opportunity to dance your boots off. Great music, great work out, and a wonderful way to start off the weekend!

Dates: Fridays, Sept. 30 – Dec. 2

Time: 1:00 – 2:30 pm

Fees: \$40.00 + HST

Location: RecPlex Oakview Room,
1724 Mosley Street

No Program: Oct. 28

Please Note: Oct. 14 & 21 classes will be held at Wasaga Stars Arena Recreation Hall

Chair Yoga

Chair Yoga is a wonderful program for Older Adults. The benefits include loosening and stretching of muscles, reducing chronic pain, decreasing stress and improving circulation. It can also help in reducing anxiety using breathing exercises and meditation, assists in building strength and balance.

Session I: Fridays, Sept. 23 – Oct. 28

Session II: Fridays, Nov. 4 – Dec. 2

Time: 11:00 am – 12:00 pm

Fees: \$20.00 + HST or \$5.00/class drop in (inc. HST)

Location: Session I: Stars Arena Recreation Hall
425 River Road West

Session II: RecPlex Oakview Room,
1724 Mosley Street

No Program: Oct. 14 & 21

Passes available at RecPlex Customer Service Desk

Chef Series with Chef Brian

Join Chef Brian in these fun and interactive Chef Series classes, with a different class each week. You never know what Chef Brian will be creating, but the class is fun, interactive and each class ends with a new recipe and a tasty lunch eaten family style.

Dates: Fridays, Nov. 11 & 25, Dec. 2 & 9

Time: 11:00 am – 1:00 pm

Fee: \$10.00 + HST/class

Location: Seniors Active Living Centre,
1621 Mosley Street



St. Jacobs Market & Dinner

Celebrate the Fourth Anniversary of the Seniors Active Living Centre with a trip to the St. Jacobs Market, just in time for the Thanksgiving Harvest. We will be spending the day exploring the Market, with a stop at Picards Peanuts for some sweet treats and dinner on the way home at Anna Mae's.

Date: Thurs., Sept. 29

Time: 8:00 am – 7:00 pm (approx.)

Fee: \$70.00 + HST, includes coach, snacks and dinner

Location: Depart from RecPlex Parking Lot,
1724 Mosley Street

REGISTER
NOW



VOLUNTEER RECRUITMENT



We have numerous opportunities available to volunteer with the Town of Wasaga Beach Recreation, Events and Facilities Department.

Volunteer opportunities include:

- Recreation Program Delivery and Supervision
- Annual Community Special Events
- Age Friendly Community Programs
- Fundraising for Youth Centre Programs
- Youth Advisory Leadership Committee
- Leadership Mentors for the Youth Centre
- Recreation Programs and Sports Camp

The list continues to grow and is ever changing. You can get involved, learn new skills, share your talents, develop leadership skills, meet new friends, give back to the community and have fun! All volunteers are asked to make a commitment to volunteering and training.

Returning Winter 2023: Seniors Active Living Centre Community Soup-er Social Fridays

Gather at 11:00 am

Soup Served at 11:30 am

Recruiting Volunteers Now!

www.ivolunteerwasaga.com



Connect With Your Community!

Register Online

ivolunteerwasaga.com

KEEP WASAGA BEACH BEAUTIFUL



TAKE PICTURES
LEAVE FOOTPRINTS

Are you looking for a great way to stay active and give back to your community?

Join other environmentally conscious volunteers in our program. We are looking for volunteers to commit to walking a predetermined area 2-3 times per week, in a effort to keep Wasaga Beach litter free.

SNOWANGELS

WASAGA BEACH
Need help shoveling
your driveway?

www.SnowAngelsCanada.ca

SPECIAL INTEREST



WASAGA BEACH ARCHIVES

The Archives building reopened on August 4, 2022 in its new location at 140 Main Street. The books “Sharing Memories, Stories of Wasaga’s Past” by Mary Watson - Town Archivist, and “Wasaga Saga” by Thelma Morrison, are both still available for \$20 each (HST included). To purchase either book, or for any further information regarding the Archives, please contact Darlene Martin, Archive Coordinator via email at archiveco@wasagabeach.com, or call the Archives at 705-429-3560.

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WB MINISTERIAL FOOD BANK

818 Mosley Street, Unit #2
Wasaga Beach, ON L9Z 2H4
705-429-6464, 705-428-0487
Open Tuesdays and Thursdays from 10:00am to 1:00pm and Thursday evenings from 6:30pm to 8:30pm for client service and donation drop-offs. Please arrive 15 minutes before closing. Monetary donations may be mailed to above address. Please call regarding pre-authorized donations. Tax receipts provided for donations over \$10.00.

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GANARASKA HIKING CLUB

Discover the outdoors hidden treasures while hiking the scenic trails in the area plus enjoy the healthy benefits! You are invited to join our group for either of the following hikes; Wednesdays, arrive at 9:15am and hike at 9:30am at the Nordic Cross Country Ski Parking lot (south on Blueberry Trails, located off River Road West near the OPP station) or Sundays, arrive at 1:15pm and hike at 1:30pm at the trail on Leslie Ann Street (by the Public Works office).

Anyone participating in events or making use of the trails in any way does so at their own risk. Good walking/hiking boots are a must.

NO PETS PLEASE!

Contact Jenny Schimmel at 705-305-3850 for more information including membership.

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HEALTHY COMMUNITY NETWORK

Our Mission: To act as a link between Town Council and the citizens on matters related to healthy living, the natural environment and ecological systems, make recommendations to council, and to increase community awareness and involvement in these areas. Check out our website: wasagabeachhcn.com

WASAGA BEACH PROVINCIAL PARK

Wasaga Beach Provincial Park features 14km of sand, beach, picnic and dune areas. Visitors enjoy recreational and leisure opportunities in 8 beach areas, while Nottawasaga Bay provide recreational boating, water sport and fishing. Picnic tables and comfort stations are located throughout the park; children’s play areas in beach areas 2, 4 and 5 and a pet friendly beach in a designated area of beach 3. Accessibility features include comfort stations, two boardwalks, mobi-mats and all-terrain wheelchair rentals.

The Wasaga Beach Visitor Centre not only helps visitors understand the HMS Nancy and her role in the War of 1812 but highlights the natural and cultural riches of the Wasaga Beach area. The visitor centre is the gateway to the Nancy Island Historic Site which features a theatre, a museum and a replica of a Great Lakes lighthouse.

Wasaga Nordic Centre and Trail

Summer – Starting point for over 50km of hiking trails, including Pine Trail and sections of the Ganaraska Trail.

Winter – Features over 30km of groomed trails for cross-country skiing and snowshoeing. The facility is open from December – March (weather permitting), offering equipment rentals and light refreshments.

Summer – 705-429-2516

Winter – 705-429-0943

ontarioparks.com/skireport

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COMMUNITY POLICING COMMITTEE

550A River Road West, 705 429-7869
info@wasagabeachcommunitypolicing.ca

Our Vision – a safe and crime free town of Wasaga Beach.

Our Mission – to address community issues and concerns, as voiced by the community and identified by the Committee, which contribute to a safe and secure environment for the residents and visitors of Wasaga Beach through partnership with the Huronia West OPP, Town of Wasaga Beach and other community organizers. Check us out on our website, Facebook and twitter.

wasagabeachcommunitypolicing.ca
facebook.com/WBcommunitypolicing
twitter.com/WBCPC



SEPTEMBER

September
4

Memories of Summer

Please join the Town of Wasaga Beach in celebrating a wonderful summer season! Our annual Memories of Summer fireworks display will take place at dusk - a show you won't want to miss!

September
16-18

Bluesfest

This is the 10th Anniversary of this award-winning Blues Festival, featuring an all-star lineup. What better way is there to spend a day relaxing to soulful music while enjoying a taste of our local Beach 1 Cerveza.!

September
18

Terry Fox Run

The annual Terry Fox Run has become a fall tradition in Canada, with more than 650 communities, big and small, urban and rural, fundraising for cancer research. This year, you can register and participate on Sunday, September 18!

September
25

Doors Open

From historical houses to modern marvels of construction, Doors Open Ontario showcases the buildings, natural spaces, infrastructure and cultural landscapes that shape and define our communities.

OCTOBER

October
8

Hootenanny

In celebration of fall, we bring out the hay bales, and don our denim for a hootin', tootin' good time! Live music, local delights and Ontario artisan brewers are the name of the game for Hootenanny 2022!



October
28-31

Halloween Thru Town

Are you an avid decorator? Showcase your home or businesses this Halloween for a chance to win great prizes! Register to be featured on the Halloween Through Town - digital self-guided tour map!

SPECIAL EVENTS



NOVEMBER

November
1

Pumpkin Trail

We love Halloween so much, we're extending it one more day! Showcase your carved creations to illuminate on our Pumpkin Trail. Vote for your favorites and cap off the trail with a treat bag.

November
6

Remembrance Service

The 2022 Remembrance Day Ceremonies beginning with a Parade at 10:55 a.m. and march to the Cenotaph location at the Municipal Administrative Office, 30 Lewis Street, where our Remembrance Day Service will be held.

November
26

Santa Claus Parade

It's the most wonderful time of the year! Register in advance to be a part of our Santa Claus parade.

November
27

Funderland

It's that time of year again, when family and friends to come together and experience Wasaga Beach's annual Funderland event.

JANUARY

January
8

New Year's Levee

The Levee is an annual event in Wasaga Beach and an opportunity for you to meet the Mayor and Members of Council in person and chat!

FEBRUARY

February
17-20

Snowman Mania

Four days of affordable family fun! Join us Family Day weekend for Snowman Mania, a multi-venue event with a multitude of activities like ice carvings, vendor markets, live music and tons of family entertainment.



Minor Sports



WASAGA BEACH MINOR BASEBALL

wasagabeachbaseball@gmail.com
wasagabeachbaseball.ca



WASAGA BEACH MINOR SOCCER

wasagabeachsoccerclub@outlook.com
wasagasoccer.com



WASAGA BEACH SKATE CANADA

Heather Cavill
WBFS president@gmail.com
Colleen Meininger
WBFS registrar@gmail.com
skatewasaga.com



WASAGA BEACH MINOR HOCKEY

John Wyville
president@wasagaminorhockey.com
wasagaminorhockey.com

Adult & Senior Sports

Hockey

SR MENS NON-CONTACT HOCKEY

Dennis 705-429-4084 Les 705-795-3531
lin.den@rogers.com

Soccer

OVER 45 COMPETITIVE MEN'S SOCCER

Ian Robson
robson0@sympatico.ca

ADULT CO-ED SOCCER

Mike Campitelli mike.campitelli@gmail.com
wasagawarriors.com

Baseball

CO-ED SLO-PITCH LEAGUE

Chris Webster chriswebster2002@yahoo.com

SLO-PITCH 65+ FUN LEAGUE

Hardy O'Connell 705-352-0469
rickb@rogers.com

SLO-PITCH (SENIOR) LEAGUE

Experienced Players (Travelling Team)
John Thomas 705-429-2036
jftthomas7@yahoo.ca

Tennis

LAMONT CREEK TENNIS CLUB

At the Jim Ramage Memorial Courts
Gary 705-429-7526
lamontcreektennisclub.ca

WASAGA BEACH RACQUETEERS

At the Oakview Woods Courts
Tony 705-446-4038
Doris 705-429-0654

WASAGA BEACH NETSETTERS

At the Oakview Woods Courts
Rick 705-352-1662
rsmith1224@rogers.com

Pickleball

OUTDOOR SUMMER PICKLEBALL

At the Wasaga Stars Arena Courts
Wayne 705-429-5571
Owen 705-422-0274

Horseshoes

KLONDIKE SPORTS PARK HORSESHOES

Bob 705-429-6332
Kcajob89@gmail.com

SERVICE CLUBS & COMMUNITY GROUPS



412 CLUB

Seniors 50 and over
c/o Luane Dorion
705-429-3311
dorion2003@rogers.com

BNI THRIVE-WASAGA BEACH

Max Lehmann
max.lehmann@ig.ca
bni-ocn.com

BREAKING DOWN BARRIERS

Independent Living
Resources Centre
Creating a supportive communi-
ty for people with disabilities.
breakingdownbarriers.ca

BUSINESS AFTER 5 MEETING

Sponsor: Chamber of Commerce
Chamber 705-429-2247
office@wasagachamber.com

CO-OP NURSERY

1724 Mosley St.
705-429-4228

FRIENDS OF NANCY ISLAND WASAGA BEACH PARK HISTORIC SITE

11 – 22nd Street North
Wasaga Beach, ON L9Z 2V6
wasagabeachpark.com

FUN TIME CLOGGERS

Marilyn Wright
705-429-7695
momwright@rogers.com

GARDEN CLUB

Joyce Morgan
519-415-9102
[wasagabeachgardenclub@
gmail.com](mailto:wasagabeachgardenclub@gmail.com)

GEORGIAN BAY COIN & STAMP CLUB

George Potopnyk
705-429-4948
jpotopnyk@rogers.com
geobaycoinstampclub.com

GEORGIAN BAY PHOTOGRAPHY CLUB

Jim Desormeaux
president@gbpc.ca
gbpc.ca

GEORGIAN TRIANGLE RUNNING CLUB

Glen White 705-422-0889
glewhi@hotmail.com
georgiantrianglerunningclub.org

GERMAN CANADIAN SOCIAL CLUB

Wifried Jack
705-429-8209

NOTTAWASAGA RAILROAD CLUB

Bill Payne
705-429-2762
payner47@bell.net

OAKVIEW LADIES HOBBY CLUB

Every Wednesday 7:30-10:30pm
Laura 705-429-3984
facebook.com/oakview
ladieshobbyclubofwasagabeach

PRIME TIME CLUB

Seniors 50 and over
705-429-4266
primetimewasaga.ca

PROBUS – WOMEN'S AT THE BEACH

Sharon Matthews
36 Oriole Cres.
Wasaga Beach, ON L9Z 1A9
705-352-0881
probusatthebeach@gmail.com

PROBUS - BEACHCOMBERS MIXED

Brian Currie
25 Club Court
Wasaga Beach, ON L9Z 1M4
705-984-7750
b.currie1@rogers.com

PROBUS-MEN'S

Rick Badowski
160 Dyer Drive
Wasaga Beach, ON L9Z 1M1
705-351-2096
rbadowski1@sympatico.ca

PROBUS-LADIES SUNBIRD

Lois Boyter 705-429-4447
P.O. Box 126
Wasaga Beach, ON L9Z 1A2
boyter3200@rogers.com

PROBUS-WOMEN'S NEW WAVE

Barbara Swick
705-352-1991
bswick46@gmail.com

SLOPE TO SHORE QUILTERS GUILD

Jamilla Ivits 705-429-6896
jai.cust1@gmail.com

STAYNER LAWN BOWLING

All levels welcome
May – October
Marie Stone 416-418-5939
Sherry Singer 647-282-0119
staynerlawnbowlingclub.ca

WASAGA BEACH ARTISTS

Earlene Martin
705-429-6424
wasagaartists.ca

SERVICE CLUBS & COMMUNITY GROUPS



WASAGA BEACH COMMUNITY THEATRE

theatrewasaga@gmail.com
wasagacommunitytheatre.com

WASAGA BEACH CORVETTE CLUB

wbcc1991@gmail.com
wasagabeachcorvetteclub.com

WASAGA BEACH CRUISERS

Brian Currie
b.currie1@rogers.ca
wasagabeachcruisers.ca

WASAGA WOMEN'S BUSINESS ASSOC.

Debra Harrison
705-429-4488
wbwba.membership@gmail.com

WASAGA BEACH YMCA

1724 Mosley Street
705-429-9622
ymcaofsimcoemuskok.ca

WASAGA BUSINESS ASSOC.

New membership information
Bruce Roberts 705-429-1576
bungalows2@yahoo.ca

WASAGA SOCIETY OF THE ARTS

Steve Wallace
info@WasagaSocietyForTheArts.ca
WasagaSocietyForTheArts.ca
facebook.com/
wasagasocietyforthearts

WASAGA WOODWORKING CLUB

Dave Looker 705-429-8485
wasagawoodworkers@gmail.com

WRITERS CLUB

Wasaga Beach Library
assp.wbpl@wasagabeach.com

SERVICE CLUBS

KINETTE CLUB

Jane Young
P.O. Box 425
Wasaga Beach, ON L9Z 1A4
705-429-3805
wasagakinettes@gmail.com

LIONS CLUB

Brian Brethauer
P.O. Box 284
Wasaga Beach, ON L9Z 1A3
705-429-3331
wblions@gmail.com

KNIGHTS OF COLUMBUS

Council #15162
Don McDonald
705-429-6956
don.mo166@bell.net

ROTARY CLUB

Kevin de Groot
P.O. Box 434
Wasaga Beach, ON L9Z 1A4
705-441-5448
rotarywasaga@gmail.com

DANGEROUS WINTER WATER CONDITIONS

GENERAL TIPS

- Be suspicious; you can't tell the strength of the ice by its appearance
- Before you head onto ice, check reported conditions with a local marina operator or snowmobile club
- Avoid travelling on ice at night. Only clear, hard ice is recommended for travel. Keep away from unfamiliar/unknown ice
- If you must venture onto the ice, wear a thermal protection buoyant suit to increase your chances of survival if you fall through
- Before you leave shore, inform someone of your destination and expected return
- Assemble a small personal safety kit to carry with you, including a whistle, rope, ice pick and cell phone.

SELF-RESCUE TIPS

- Float on your stomach facing the shore
- Reach forward onto the ice shelf; do not push down on it
- Kick your legs to push your torso onto the ice
- Crawl/roll away from the hole
- If you can't climb out, float in the water and call for help
- Get medical help immediately

ASSISTING OTHERS

- Do not attempt to go on the ice
- Push or throw a stick, rope or floating aid to the victim
- Seek help fast. Call 911 for assistance
- **Remember - Reach, Throw... but DO NOT GO!**

ALWAYS AVOID

- Thawed/recently frozen ice
- Slushy/rotten ice
- Ice near moving water
- Going on the ice alone



WASAGA

Discover Our Backyard



SCAN ME

wasagabeachtourism.com

1-866-2WASAGA

