

SENIOR ACTIVE LIVING CENTRE PROGRAMS SEPTEMBER 2020



In September we will be continuing with our Senior Centre without Walls online and teleconference weekly programs which we have been offering since we had to cancel in person programs due to the pandemic.

We will be introducing two new in-person pre-registered outdoor programs in September. Registration is limited and is first come first served.

Gentle Walk and Talk "Let's get started"

Monday and Thursdays beginning at 8:45 am Participants will be greeted at 1621 Mosley street, and will then depart on a leisurely walk. Many participants have been inactive over the past six months, so this is a great way to walk with others, social distanced group walk. Beginning 15 min walk.

Introduction to Frisbee Golf

Fridays – 10:30 am

Registered participants will meet behind the Rec Plex at the Frisbee Golf Course. Participants should bring their own Frisbee

For information about how to register for any of the programs listed - Contact the Older Adult/Volunteer Programmer at ivolunteer@wasagabeach.com 705-441-2106

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Volunteer Information on Zoom 11am	2 ☎ Coffee Chat Phone, 10:00am	3	4
7 Labour Day	8 Hobby Lobby Facebook, 1:00pm	9 ☎ Coffee Chat Phone, 10:00am	10	11 PICKLEBALL TOURNAMENT September 11-12-13
14 Beginner Walking Program 8:45am Registration Required	15 Hobby Lobby Facebook, 1:00pm	16 ☎ Coffee Chat Phone, 10:00am	17 Beginner Walking Program 8:45am Registration Required	18 Intro to Frisbee Golf Registration Required
21 Beginner Walking Program 8:45am Registration Required	22 Hobby Lobby Facebook, 1:00pm	23 ☎ Coffee Chat Phone, 10:00am	24 Beginner Walking Program 8:45am Registration Required	25 Intro to Frisbee Golf Registration Required
28 Healthy Aging Seminar with VON 11am	29 Hobby Lobby Facebook, 1:00pm	30 ☎ Coffee Chat Phone, 10:00am		

*WATCH FACEBOOK WEBSITE FOR DETAILS
www.facebook.com/wasagarecreation

To connect to Telephone Programs call 1-866-279-1594
5 minutes before scheduled program
Enter program code 817676

Wasaga Beach Recreation

Pickleball
The Wasaga Beach Cup
Competitive Tournament
September 11th - 13th, 2020

Mixed Doubles, Men's Doubles
Women's Doubles
55+ Mixed, Men's & Women's

Wasaga Stars Arena, Pickleball Courts - 425 River Rd. W., Wasaga Beach
Double Elimination - \$20/person/bracket

Friday, September 11, 2020 - 9:00 am
55+ Competitions

Saturday, September 12, 2020 - 9:00 am
Men's & Ladies Competitions

Sunday, September 13, 2020 - 9:00 am
Mixed Doubles Competitions

For further information and to obtain a registration form please email recreation@wasagabeach.com
Registration deadline Friday, September 4th, 2020 (4:00 pm)

Recreation, Events & Facilities
www.wasagabeach.com | (705) 429-3321
Connecting with your Community



VENUE:
Wasaga Stars Arena
Outdoor Pickleball Courts.
425 River Road West,
Wasaga Beach



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