



## HEALTHY COMMUNITY NETWORK

### Minutes of Meeting

Thursday, November 15, 2018 at 7:00 p.m.  
Classroom, Town Hall

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**PRESENT:** Neal Jankowski - Chair  
Nathan Wukasch  
Sylvia Bray  
Irene Bell (recorder)  
Fiona Ryner  
Wesley Ferdis  
John Ferguson  
Joel Simpson

**REGRETS:** Michael LaPorte  
Caroline Duffney  
Ruth McArthur  
Courtney O'Neill  
Peter Willmott  
Greg Forbes  
David Featherstone  
Joseph Molinaro  
Fred Heyduk  
Mark Russo

1. **CALL TO ORDER at 7:05 pm**
2. **DISCLOSURE OF PECUNIARY INTEREST** - None
3. **CONFIRMATION OF AGENDA:** Addition: Nathan -Grant for OAST(On. Active School Travel) Plan. Motion to accept – Fiona, second Wesley.
4. **MINUTES OF PREVIOUS MEETING:** The minutes of the October meeting were circulated and approved via email.
5. **DEPUTATIONS/PRESENTATIONS:** None
6. **UNFINISHED BUSINESS**
  1. Bike Valet Items/Events.  
A further \$650 has been advanced to Tango Graphics to include:  
2 Large Banners, 1 Large Feather Banner, 3 A Frame Stands and \$50 to cover design costs.  
Agreement on this advance was reached by members present.( no quorum at meeting)  
Nathan and Joel to set a date and meet with town officials to discuss the events at which HCN could set up a bike valet in 2019.

Nathan to research size of storage bins for bike valet items (see above) \$200 has already been allocated.

2. STR Items

Distribution of bike lights and car magnets through the library was very successful.

Neal touched base with the principal of Worsley School who is on board with the distribution of STR Items at the school during bike month in June 2019.

3. HCN Promotional Booth Items 2019

Table top display unit and table cloths. Sylvia to cost out these items. A resolution for approval of cost of above to be sent by email before end of year.

4 SMDHU Opioid Strategy. No updates.

**7. Standing Items**

Committee goals Updates.

1 Bike Friendly Designation. Nathan and Peter to evaluate progress the town has made in past few years before reapplying for bike friendly designation. Sylvia proposed that town have bike friendly signs posted on the highway into town.

2 Canoe Trip. Awards presented and article and photos submitted to December Beach Booster.

3 Community Garden . Closed for season.

4 Community Food Centre/Food Champions. No Updates  
Neal reminded members of seed bank at WBPL.

5 Age Friendly Committee. Fiona and Irene have drawn up a timeline and nomination form for the Senior of the Year Award. Forms will be presented for approval at the next AFC meeting Nov 21.  
AFC will hold a volunteer recruitment day on Tues Nov 20 10am -2pm at SALC

6 Communication Strategy. Neal and Nathan to meet with PinPoint Media to build on the groundwork already done and upgrade the HCN website.

7 Green Prescription Project. No update.

8 NVCA/NWIP. Neal completed the NVCA survey on behalf of HCN. NVCA would like to expand the use of lands and facilities. Neal suggested they partner with Green Prescription Project involving Ontario Parks and Community Health Centre.

9 Walk Friendly – see New Business.

10 HCN at Public Events. Michael recommended that HCN continue to support the Wellness Fair. The effort is worth it re visibility of HCN in the community. Bike swag went over well at the Fair.

**8. New Business.**

1 Ruth sent out information on Nutritious Food Basket. Updates at next meeting. Meanwhile the excellent poster on food insecurity can be shared on social media and posted at HCN notice boards, library and RecPlex.

2 Nathan shared information on the Green Communities Grant for \$60,000, timeline Nov 21-Dec 20. The Ontario Active School Travel (OAST) Plan would qualify for this grant. Nathan and Ruth to work on partners- SMDHU would be the lead on this with input from Community Health Centre and a letter of support from the municipality – a strategy for a successful application.

**9.** Date of Next Meeting. TBA

**10.** Meeting adjourned 8:15pm Moved Fiona, second Irene.