



## HEALTHY COMMUNITY NETWORK

### Minutes of Meeting

Thursday, April 19 at 7:00 p.m.  
Classroom, Town Hall

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**PRESENT:** Neal Jankowski - Chair  
Michael LaPorte  
Ruth McArthur (SMDHU) - Secretary  
Colleen Sedgman  
Fiona Ryner  
Nathan Wukasch  
Irene Bell  
Peter Willmott  
Sylvia Bray  
Joseph Molinaro  
John Ferguson  
Joel Simpson (Chamber of Commerce)  
Joe Bellanger

**REGRETS:** Caroline Duffney  
David Featherstone  
Mark Russo – mrusso@rjburnside.com  
Greg Forbes (Ontario Parks)  
Fred Heyduk (Accessibility Committee)

1. **CALL TO ORDER at 7:05 pm**
2. **DISCLOSURE OF PECUNIARY INTEREST – None**
3. **CONFIRMATION OF AGENDA – approved as presented.**
4. **MINUTES OF PREVIOUS MEETING:** The minutes of the March meeting were circulated and approved through email and went to coordinated committee last week.
5. **DEPUTATIONS/PRESENTATIONS : None**
6. **UNFINISHED BUSINESS**

a. Community Garden/ Art on the Fence

Neal has spoken with Lynn about future interest in repeating the Art on the Fence project this summer. She has sent out a survey to potential community members about interest in participating. Sylvia confirmed there was a \$3250 grant allocated for the 2018 program if it moves forward this year. A formal plan will need to be submitted to the Town.

The community garden cleanup and opening has been moved to Saturday May 5<sup>th</sup> at 0900. Peter has received an email from Heather Goldsworthy. She has developed and sold a cookbook and has agreed to donate \$500 to the local community garden. Peter has provided this information to the Town and Andy Hulme requests that HCN determine how this donation be spent.

**ACTION: Neal to inform Lynn there is a budget for the 2018 project and will require a formal plan. Neal will invite Lynne to a future meeting to discuss the Art on the Fence project**

- b. Support the Community Food Centre / Food Champions Committee  
Neal has confirmed the GFB dates for advertising and posted on website. Ruth has invited the videographer to garden opening to video pieces for the food security video as part of a segment for the Food Champions video.
- c. Support the Age Friendly Committee  
HCN has been asked to provide a booth for the expo and support the event with a \$500 donation to the Senior Expo on June 20<sup>th</sup>. The HCN logo will be placed on the program brochure and HCN would have a table.  
**ACTION:**  
**Peter Willmott moved that \$500 be allocated to support the June 20<sup>th</sup> Seniors Expo, seconded by Colleen Sedgman, carried.**
- Nathan informed the committee that the Town recently found out they have been identified as one of the 40 expanded Seniors Active Living Centers. This is annual funding for a Seniors Center and associated programming, which will initially be at the Youth Center site during the daytime. Part of the first year funding will be utilized to develop a Strategic Plan. <https://news.ontario.ca/oss/en/2018/04/seniors-active-living-centre-program-expansion-funding-recipients-2018.html>
- d. Communications Strategy  
Neal asked if he needed to reach out to Andy for board repairs. Peter clarified that no repairs are required to the boards and that HCN is responsible for posting at both boards. Any community information or posters can be sent to Peter and Irene.
- e. Town's policy initiatives: Downtown Planning and Official Plan Review  
The Town is developing a new official plan. Nathan informed the committee the process of consulting began last June along with a recent session in March regarding a growth management plan paper. There is information on the Planning website. <https://www.wasagabeach.com/town-hall/planning-development>  
Next steps are continuing other discussion paper development and the Downtown Project. Next steps include Urban Design guidelines and there will be a public open house for these. There was a recent report to Council regarding this. The Town received a \$56,000 grant for downtown redevelopment. Initial discussion regarding these dollars have begun and some discussions included bike racks, benches, garbage receptacles and road painting for a road diet. HCN would like to see branding in the benches or stamps in the post/ring bike rack.
- f. Nottawasaga Watershed Improvement Project Committee  
Neal has sent a letter of support for the HCN to support an NVCA initiative, which was for a \$600,000 grant application over 42 months to the Federal Government, Environment Canada and Climate Change. The project is called the Great Lakes Protection Initiative – including water monitoring in Georgian Bay, monitoring small mouth bass in the Great Lakes Fisheries. There is also an opportunity for community engagement/education component.

## 7. STANDING ITEMS

### a. 2018 Committee Goals updates (if not discussed in business arising)

1. Broaden the Harold Culham Trail committee to become a Bike Friendly Sub-committee  
*June 16<sup>th</sup> Community Bike Ride 10am-1pm:* 12 km round trip from Rec Plex to Park area 3. A contract has been drawn up between the Provincial Park and HCN. The OPP have reviewed the route. It was determined that the first year we will monitor all 14 stop sign areas on the parade route with volunteers. Proposing to host a bike valet at the waterfront festival throughout the day. There is an opportunity for HCN to have a table at Oakview Woods/Gazebo area to provide snacks from 1030-1230. Sylvia and Joe offered to participate at the booth/gazebo area. We will have a Public Health Nurse present to do Helmet Checks at that site. Peter shared the draft of the event poster. Promotion of the event will be widespread and we have help from Johanna Griggs with this task.

**ACTION: Michael to speak with Foodland regarding food donation for event**

June 2<sup>nd</sup> is International Trails day and there will be a hike/bike day. Irene will bring a poster about the event and sent it to Neal for the website.

2. 10th Annual Canoe Trip: ideas needed to promote the anniversary  
Peter spoke with Chris Roos about the event and there is interest in making the event larger this year. Neal spoke with Jenny about the event and recommended we stay with a September date. The last weekend of September is designated as National Culture Days.

3. Community Garden/ Art on the Fence  
\$500 donation from Heather Goldsworthy towards the garden from the South Georgian Bay Community Cookbook proceeds. [www.sgb.communitycookbook.ca](http://www.sgb.communitycookbook.ca)

- <http://www.escarpmentmagazine.ca/epicure/come-to-our-table-south-georgian-bay-community-cookbook/>
- <https://www.mountainlifemedia.ca/2016/09/come-to-our-table/>

Courtney recommended we reach out to Lynn for some ideas. Suggestion to consider herb boxes on the outside of the garden for all community members. Recommended we do an inventory on the opening day for ideas.

**ACTION: Needs assessment to be completed on opening day and reported back at May HCN meeting**

4. Support the Community Food Centre / Food Champions Committee  
Courtney reported that the film documentary is ongoing.  
The Food Champions committee members met with the County of Simcoe regarding the affordable housing project and the green space development at this site. There are no current plans on the County side as to program planning for the space. There are four community kitchen area spaces that can be used for community events. A project proposal is being developed and they will be meeting with them again.

The SGBCHC has received the Food Fit Grant from Community Food Centers Canada – for 12 week sessions group programming on nutrition, exercise and cooking a meal together. Courtney attended a Food Fit program in Stratford to learn. The Town is providing kitchen space to support a significant discount in space for the Wasaga Beach site. In addition Springwater and Elmvale will be satellite sites. Capacity of program is 15 per session for 12 weeks and run 6 of these.

5. Support the Age Friendly Committee  
June 20<sup>th</sup> is the second annual Expo from 10-2 in the large gym at the Rec plex. There will be speakers throughout the day. Considering an hourly workout session throughout the day. Already 34 community exhibitors have committed to the day.  
There will be a presentation to Council with the Provincial Age Friendly Award which was received in Toronto in March.

6. Develop a Communications Strategy to raise awareness of HCN

7. Wasaga Beach Provincial Park Green Prescription Project Collaboration

8. Nottawasaga Watershed Improvement Project Committee

Peter attended the last meeting and received copies of their goals.

**ACTION: Ruth to scan and send potential N-WIP projects with minutes**

9. Continued development of the Walk Friendly Designation

10. Expand HCN presence at Public Events

A bike jersey raffle will take place at the HCN booth at Oakview Woods as another incentive for the public to participate in the ride. There will be a table set up in this location as an opportunity for HCN presence.

Planning on attending Age Friendly Community Seniors Expo June 20<sup>th</sup>, Community Bike ride June 16<sup>th</sup>

Hike for Hospice is May 26<sup>th</sup> – Rec Plex start, <http://www.hospicegeorgiantriangle.com/>

**ACTION: Sylvia to send registration link to committee**

11. Advocate for complete streets and improved walkability/cycle safety  
Nathan informed the group that the OP update for downtown has a very large focus on “complete streets philosophy”

#### **b. Upcoming Special Events**

International Trails Day: June 2

Heart and Stroke Big Bike: June 6

Waterfront Festival/Community Bike Ride: June 16 & 17

Festival of Heroes: June 23 - cruisers event same weekend.

### **8. New Business**

- a. **Walk and Bike Friendly Reports:** *Neal emailed these reports to the committee on March 26<sup>th</sup>. Goal: review reports and determine ways HCN can assist the Town to achieve silver designations. Defer to May meeting*

b. **Shortage of bike racks**

Discussed the need to address the shortage of racks in Town

**ACTION: Nathan to bring the issue to the Trail committee**

c. **Guardianship of Trees inquiry - Aldona Oleinikas**

The Mayor received a community email regarding tree inventory and concerns about Queen Elizabeth’s Commonwealth Project re Tree Planting.

From the email:

*She has attached a link to the YouTube video. <https://www.youtube.com/watch?v=b-65kmuoaeY>*

*The community member felt the project that would protect W.B.’s greenspaces, encourage walking and trails, encourage the planting and protection of our forests.*

*Information happening in Australia to protect trees in the City of Melbourne.*

<https://www.theatlantic.com/technology/archive/2015/07/when-you-give-a-tree-an-email-address/398210/>

*In W.B., we don’t know where the oldest tree is located, for example. We don’t have a list of all the types of trees that can be found. We don’t encourage guardianship of the trees.*

**ACTION: Michael to contact the community member to determine what specific needs are and report back to HCN**

d. **Hike for Hospice (Sylvia)**

See above

### **9. Items for Future Meetings:**

10. **Date of Next Meeting:** Thursday May 17, 2018

11. **Adjournment - Motion to adjourn at 9:05 pm by Colleen Sedgman seconded by Michael LaPorte, carried.**