



## HEALTHY COMMUNITY NETWORK

### Minutes of Meeting

Thursday, October 19 at 7:00 p.m.  
Classroom, Town Hall

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**PRESENT:** Michael LaPorte - Chair  
Peter Willmott  
Sylvia Bray  
John Ferguson  
Susan Luciani  
Colleen Sedgman  
Fiona Ryner  
Ruth McArthur  
Irene Bell  
Neal Jankowski  
Nathan Wukasch  
Caroline Duffney  
Courtney Oneill – South Georgian Bay Community Health Centre  
Councillor Joe Belanger

**REGRETS:** Joseph Molinaro  
David Featherstone  
Harry Regu

1. **CALL TO ORDER at 7:03 pm**
2. **DISCLOSURE OF PECUNIARY INTEREST – None**
3. **CONFIRMATION OF AGENDA –** New business items added to the agenda. A motion to accept amended agenda by Colleen Sedgman, seconded by Irene and carried.
4. **MINUTES OF PREVIOUS MEETING:** The minutes of the September meeting were circulated and approved through email.
5. **DEPUTATIONS/PRESENTATIONS :** None
6. **UNFINISHED BUSINESS**

a. T shirts & Name Tags HCN

Sylvia has organized the design and purchase of the HCN t-shirts. These were distributed during the meeting. Name tags are \$14 a piece from UPS.

Discussed name tag development for the committee and agreed to put first and last name on the name tags and the HCN logo.

**ACTION:**

**Sylvia Bray moved that HCN to pay invoice at Ladybug design for \$395 for the HCN t shirts. Seconded by Peter Willmott, carried.**

**Sylvia to organize and purchase the name tags if budget is available.**

**Nathan to check on budget available to ensure enough funds this year.**

b. Community Garden & Art project

The Art on the Fence project was very successful including visits at the opening ceremony from the MPP Jim Wilson, the Mayor and Council member Joe Belanger. There were 356 visitors through the event. 13 community groups displayed art and 15 volunteers were involved. No complaints from any of the gardeners. There is a video being developed and there will be an auction of a painting being created. Grandmas Beach Treats was a sponsor for the event for snacks and refreshments. Recommendation for this event organizer to contact the Towns Event staff Angela Webster for planning in 2018. Irene has organized the purchase of the project booklets and submitted a \$500 invoice to the Town.

Future plans are to continue culture days in future years and expand into other areas such as Art in the Skateboard Park or historic Marlewood.

c. Wellness Fair

The fair was well attended by visitors and we had consistent visitors to the booth. There was always flow through the building. Much interest in the trail map and locations of certain trails. There were questions and interest about the community garden as well. Some concern about the lack of the ability to get a plot in the garden in future years. Overall a great success and we believe it was influenced by the Blood Donor Clinic being held the same day.

d. HCN Vacancies

Michael followed up with Nathan regarding vacancies on HCN and we are currently short one youth member. Courtney informed the committee the CHC has a youth worker at the center that could approach youth in the local high schools for a member.

Peter spoke with the clerk regarding a new position for the committee to have an additional member of the SGB community health center. For this to occur we will need to update the Terms of Reference and have the addition of a CHC member. The clerk has also reached out to a potential Chamber of Commerce representative for the committee.

## 7. NEW BUSINESS

a) Municipal Alcohol Policy (MAP)

In August the SMDHU representatives made a presentation to Council to speak to the MAP. Public Health Nurse Leah Simon has provided a summary document with potential revisions for the MAP. Dr. Lisa Simon has confirmed she is comfortable with these revisions that were forwarded to the Town from Leah Simon.

Discussed next steps which were the MAP recommendations were going to be reviewed in 2018 during the MAP review. It would be ideal to have the MAP review prior to the next summer season and gearing up of events.

Once the MAP is updated, Angela and Leah Simon (SMDHU) could be invited back to HCN for an update before it is formally approved by Council.

**ACTIONS: Sylvia to follow up on the SMDHU MAP recommendations with George Vadeboncoeur and the implementation of them with dates.**

## b) Community Garden Plus

At a recent SGB Food Champions Steering committee there was discussion about at risk individuals who are renting rooms in the local hotels. Idea has come up about developing a main garden plot in one of this motels for a season as a pilot. Courtney Oneill is leading the project and has many SGBCHC clients living in these motels. Riverview Motel has been identified as a potential site for this summer and will be approached as a pilot. The price estimate for the plot is \$180. Courtney is putting together a project proposal which can be circulated to the committee. Nathan recommended a discussion with the Bylaw officer going forward once a site is determined.

## c) Canoe Trip – Final report

The trip was another success. There was another long waiting list for this year. The trip included 23 boats for the day. The trip started at Edenvale and ended at the Sports Park which included 29 participants.

## d) Green Prescription Plan Application

The SGBCHC, SMDHU, HCN and the Provincial Park are continuing to develop the green Rx pilot program. The group has applied to the Collingwood Hospital Wellness and Innovation Fund for \$5000.

**ACTIONS:**

**Ruth to circulate the proposal to HCN committee**

**Peter to meet with Chris Roos to update him on the project**

## e) County of Simcoe Grants

Peter brought forward a Simcoe County Arts and Culture Heritage Grants program. There is a \$5000 grant available, with an expression of interest by January 2018. HCN could consider an event to apply for. [www.simcoe.ca/dpt/fin/grants](http://www.simcoe.ca/dpt/fin/grants)

**ACTION: Peter to circulate the grant to committee members.**

## f) Bicycle Safety Training

The Harold Culham Trail committee has discussed the bronze designation movement to silver status. One of the recent suggestions to move this designation is to provide cycling education in the local schools. Peter has contacted Dawn Braid to connect Community Policing with the trail committee be involved collaboratively with this work. John Ferguson will be the representative for the Policing committee.

Can Bike has recently changed the training from two days to four hours and the cost is only \$20. Peter would like to gauge the interest in members taking this course through Simcoe County Cycle Simcoe/Share the Road to organize a training session. Members interested in training included Michael, Nathan, Peter, Neal, Fiona, Susan, Colleen and Caroline.

## g) School Travel Planning Workshop

The Simcoe Muskoka District Health Unit (SMDHU) is contacting local municipalities and committees to determine potential partnerships to work on Active Transportation (AT) in schools, also known as School Travel Planning (STP). They are planning to offer a half day workshop for interested partners, including municipal partners, community partners, school boards, and school administration and staff.

The half day workshop will address Ministry of Education funding (as described below), barriers related to implementing AT/STP at schools, showcase success stories from other school boards and municipalities, and offer an opportunity to collaborate on STP/AT initiatives to benefit students and school communities here in Simcoe Muskoka. On September 5th, 2017, the Ministry of Education announced that they will be investing in new and expanded well-being programs for students across the province, to ensure young people can reach their full potential and thrive inside and outside the classroom.

The investment includes offering funding for active transportation, including walking school buses and biking to school programs that create more physical activity for students. Almost 4 million dollars is being allocated to expand active transportation options for students to and from school.

To further assess the interest and needs related to the above mentioned workshop they are seeking input from Wasaga Beach and HCN:

*Does WB/HCN have interest in attending this workshop?*

Yes – Neal, Susan, Peter, Michael, Nathan Wukash/Planning

*What aspects of this topic (AT/STP) would you like to see addressed at the workshop?*

Strava mapping strategies and connecting current trails

How to get into the schools and pitch the idea

Funding a coordinator to assist with the facilitation due to Town capacity issues

*Approximately how many representatives from the municipality do you anticipate will want to attend?*

HCN – 4, Town of Wasaga Beach – 1 Planner

#### **h) Harold Culham Trail Blazing & Trail Risk assessment Webinar**

Harold Culham Trail Marking – Trailblazing has taken place September 22nd from the Nordic Center to Schooner Town and includes all 7km

There are plans for some publicity related to the new trail including International Trails Day on June 2nd and recreation guide advertisements.

Sylvia shared a webinar which is free of charge. There will be content regarding legal duty of care, signs and liability. Link to registration is <http://www.amo.on.ca/Training/RiskMgmt>

The Town and the Bicycle friendly group submitted a grant to the Ontario municipal Cycling fund. Part of this application included bicycle counts in August. The application was submitted September 8<sup>th</sup>.

Nathan has put up a trail counter on Shore Lane which has been borrowed from the County. He will leave it there for the month.

#### **i) Age Friendly Community Update**

Recent meeting included a presentation from Josh Pallas Parks and Recreation. Committee heard they would looking to apply for an all access recreation pass for seniors in the community. The AFC committee is also looking to apply for a community hub for \$100,000. The AFC grant would identify seniors that are isolated, mobility issues. The grant has a deadline of November 30<sup>th</sup>.

The second senior's expo is being planned for next June 2018. Considering charging vendors at next year's event that are private.

The committee is going to be doing community outreach to groups and clubs to promote the Age Friendly community initiatives.

Chris Brent – Long term care director from the LHIN will be speaking in future meetings.

The June Seniors Expo was well received with positive feedback from seniors and community partners.

- 8. Items for Future Meetings: 2018 Goals, elections, December potluck**
- 9. Date of Next Meeting: Thursday November 16, 2017**
- 10. Adjournment - Motion to adjourn at 8:55 pm by Peter Willmott seconded by Colleen Sedgeman, carried.**