



HEALTHY COMMUNITY NETWORK

Minutes of Meeting

Thursday, September 21 at 7:00 p.m.
Classroom, Town Hall

PRESENT: Michael LaPorte - Chair
Peter Willmott
Sylvia Bray
John Ferguson
Susan Luciani
Colleen Sedgman
Fiona Ryner
David Featherstone
Ruth McArthur
Irene Bell
Neal Jankowski

REGRETS: Nathan Wukasch
Joseph Molinaro
Harry Regu
Narcis Bejtac
Caroline Duffney
John Fisher

1. **CALL TO ORDER at 7:07 pm**
2. **DISCLOSURE OF PECUNIARY INTEREST** – None
3. **CONFIRMATION OF AGENDA** – New business items added to the agenda. A motion to accept agenda by Colleen Sedgman, seconded by Susan Luciani, carried.
4. **MINUTES OF PREVIOUS MEETING:** The minutes of the August meeting were circulated and approved through email.
5. **DEPUTATIONS/PRESENTATIONS** : None
6. **UNFINISHED BUSINESS**
 - a. Bernardin Workshops
The last workshop was cancelled by Bernardin due to lack of registrations.
 - b. T shirts & Name Tags HCN
Sylvia has 6 different styles of t-shirts in various colors of green. Could put the HCN on the back and the logo on the sleeve as a design. Magnet name tags have also been sourced out and will have our HCN logo and name on it.
ACTION: Sylvia will organize the design of the materials and ordering in future

c. Canoe Trip

Peter has filled the registrations and there will be 26 boats at the event. There is a waiting list with 12 people for the event as well. Shuttles have been arranged through Free Spirit. The advertisement went out through facebook and the electronic Town sign. Dave is staying in contact with the participants and providing information. The waivers have been organized from Free Spirit. We have not heard from Nathan regarding a Town waiver need.

ACTIONS: Nathan will follow-up about having a waiver for this event (defer)

d. Community Garden Business

Nathan has a bike for the event and the design will be complete by September 29th. There will be a bike hung on the fence and bike wheels. The second side will have an image developed with plastic elements. Lynn was contacted about putting the Art in the Park event on the Town Special events page.

Peter and Ruth continue to sit on the Community Food center/Food Champions committee. There has been recent discussions regarding residents living in Wasaga Beach at the local hotels and cabins who have financial challenges. There is an idea of developing a small single/double garden bed in these areas and have produce available. This is being called “community garden plus”.

There has not been a lot of interest in the workshops this year at the garden. It might be time to change up the format of the workshops and consider providing resources.

Discussed the current waiting list of the garden and how some renters have 2-3 plots. Should consider reviewing the policy for the garden.

Art on the Fence grand opening is coming up at the end of the month. The Metis Council will be present and providing a display. Irene reviewed the budget for the project. The grant is limiting and there is still not enough fundraising. The funding is required for a commemorative booklet for the event. The booklets cost is \$700 and the project has raised \$200, which leaves a difference of \$500. A previous resolution was passed at an HCN spring meeting for supporting event costs of up to \$500.

ACTION: Irene to go ahead and purchase the booklets and submit a \$500 invoice to the Town

e. Bicycle Valet Update and next steps

Peter arranged for a lock it and leave it sign/banner for the last event. The last event was unstaffed for bicycles. This format worked well at the Wasaga under Siege event and could be used in the future.

Irene will send bike valet photos to Neal for the HCN website

Michael spoke with Narcis regarding Labor Day Bike valet but he is unavailable.

f. Harold Culham Trail/Bicycle Friendly Committee

Harold Culham Trail – there are still concerns regarding the surface of the first stage of the trail. The committee agreed to get caution signage up to increase awareness of trail surface issues. The caution signs have been made up and they will be installed tomorrow on the trails with Harry.

Kevin Lalonde from Public Works is supportive of signing the Town property.

Peter has sent a meeting request to the new Wasaga Beach Provincial park superintendent to identify a process for trail resurfacing on a portion of the Harold Culham trail.

The Town has put in an application to the Province for the Ontario Municipal cycling Fund. Many projects have been identified for this potential funding. HCN members have completed cycling counts for the data required in the application.

Committee also discussed a community cycling event in the future. Decided to consider an event in June 2018 during Bicycle month. This planning will begin in January of 2018.

Reviewed tasks to move the award to a silver designation. Youth education on cycling was identified as a next step. A member from the Community Policing committee will be invited to sit on the subcommittee to start this planning.

Bike counts were discussed and consideration of a bike counter installation. Cycle Simcoe has bike counters that can be loaned out. Nathan will be contacting cycle Simcoe to consider loan or a purchase for the future.

Discussion of bike promotion through media occurred and other opportunities. Plans to advertise in the spring summer recreation guide. Next meeting is in November.

7. NEW BUSINESS

a. Wellness Fair

The fair is on October 7th – 10am – 4pm at the Rec Plex. We have a table at this event. Sylvia could provide apples for the day.

ACTION: Michael and Ruth to attend the fair.

b. Green prescription project

Ruth provided an update on the work of this group. The Committee continues planning for this project and the partners include Ontario Provincial Park, Environment Network, HCN, SMDHU, SGBCHC. The Town of Wasaga Beach/Chris Roos now a partner for this work. The group has developed a logic model framework to plan project. They are working on the data collection form through the Health Unit to complete research and launch a pilot winter/spring 2018, which will include development of Rx, tools.

Work is being done for a \$5000 grant submission to the Hospital Wellness innovation grants – pilot for green prescription development

<http://www.parkrx.org/>

c. HCN vacancies

Peter received an email from the local dietician from the South Georgian Bay community Health Center who is interested in joining HCN. We could inform Courtney about the opportunity to attend as a public member.

Nathan has been told there is interest from the Chamber of Commerce in joining the committee.

ACTION: Michael to follow up with Nathan regarding any vacancies

Peter to follow up with the Clerk regarding revising the Terms of Reference and addition of a CHC member

d. AFC update

AFC committee has provided feedback on the Down town Community hub related to seniors spaces (indoor walking track, pool) at their last meeting. The second Seniors Expo planning has begun and they have booked the venue for Wednesday June 20th, 2018. AFC will be at Council for the senior of the Year award. Dr Peter Willmott will be presented with this award at Council Tuesday night.

AFC is going to participate in the Cyber Seniors Project. This will include working with Health Unit and other County partners on this project. The project focuses on senior's computer/iPad training with a coordinator. The project has agreed to provide 3 tablets for our activities. Louise (AFC coordinator) is proposing a 3:1 model at Waterside Retirement Home.

New Horizons Grant 2017 - developed a new grant submission for New Horizons. This is for a senior's community hub development with staff present part time. The total submission was for \$25,000.

- 8. Items for Future Meetings:**
- 9. Date of Next Meeting: Thursday October 19, 2017**
- 10. Adjournment - Motion to adjourn at 8:36 pm by Peter Willmott seconded by Irene Bell, carried.**