

WASAGA BEACH AGE-FRIENDLY COMMUNITY ADVISORY COMMITTEE

Advisory Committee Meeting
Wednesday September 19, 2018
12:00-2:00 pm
Town Hall Classroom
MINUTES



Members:

Jackie Beaudin – Chair, Chief Librarian	Councillor Bonnie Smith
Nathan Wukasch, Planner	Ruth McArthur, Simcoe Muskoka District Health Unit
Colin Throop, Community Member	Tara Bone, Red Cross
Charles Christie, Community Member	Karen Storing, YMCA
Nancy Clark – Vice Chair, Community Member	Carol Runnings, Simcoe County Community/Social Services
Anne Laporte, Community Member	Colleen Sedgeman, Healthy Community Network
Angela Kemp, Age Friendly Community Coordinator	Fred Heyduk, Accessibility Committee
Heather Klein-Gebbinck, South Georgian Bay Community Health Centre	Josh Pallas, Recreation Coordinator

Regrets:

J. Beaudin, C. Sedgeman, N. Wukasch, F. Heyduk

Guests:

Joe Belanger

- 1. Call to Order:** N. Clarke called the meeting to order at 12:03 pm.
- 2. Disclosures of Pecuniary Interest:** None.
- 3. Confirm Agenda:** Approved by C. Throop. Seconded by A. Laporte. Carried.
- 4. Minutes of Previous Meeting:** Aug 15, 2018
Minutes of Aug meeting reviewed. No corrections or revisions.
Motion to approve the minutes by B. Smith. Seconded by T. Bone. Carried.
- 5. Deputations/Presentations:**
Community partner T. Bone presented on her role with Red Cross. Age eligibility is 65+ or under 65 years if there is a physical disability or mental health issue. Red Cross is funded by the LHIN. Clients call the Barrie office for intake by phone.

Volunteers assist as volunteer drivers, friendly visitors and provide phone assurance and meal delivery. Volunteer drivers take clients wherever they need to go such as social and medical appointments. There are 4 wheelchair accessible vans for coordinated appointments by Red Cross drivers for which a fee is involved.

There is no fee for the friendly visiting program. Clients must be isolated and living on their own to qualify due to a waiting list. There are not enough volunteers to support the demand. Tara visits the home of each client prior to volunteer placement.

Clients of the telephone assurance program receive a daily call. Volunteers are able to volunteer from their own home. Anyone can refer but the client has to consent to Red Cross involvement.

Red Cross does two types of meal delivery. Hot Meals on Wheels is a daily delivery at noon Mon to Fri and now available in Wasaga Beach. Cost is \$8.25 per meal and includes soup, crackers, entrée and dessert. Clients must be home to receive the meal. Food is supplied out of Sunset Manor. There is some choice and special diet accommodation.

The frozen meal program is available for all and delivered every two weeks. Clients need to be at home to receive the delivery. Meals come from a company in Brampton called Apetito. All meals are \$5.85 and require cooking for 30 min in oven or 7 min in microwave. Meal packages are pre-determined.

Tara showed an example of a Twiddlemuff, a knitted fidget tool for people with dementia, which organizations are making in craft groups and are being distributed across Ontario by Red Cross to their clients.

The Red Cross is open to partnerships and will be working with the library to distribute Christmas cards to their senior shut-ins. A Seniors Wish Program operating out of Barrie puts together gift bags for delivery to clients at Christmas time. Several offers were made from the group and it was suggested that committee members contact Tara directly with details from their organizations and church groups.

It was suggested that Red Cross clients could be invited to attend the Mayor's Christmas dinner if Red Cross could assist with their transportation.

6. Standing Items:

a. AFC Coordinator Report

A. Kemp attended two AF Business Guide development meetings in September to finalize the two documents being worked on. The roll out has been pushed back to the new year. They will go to the General Manager and then the Simcoe County AF Advisory Committee for further revisions and feedback.

The County would like businesses to apply for age-friendly status recognition on a yearly basis with a two-tier award system. All who apply will be acknowledged with a certificate and receive acknowledgement on the County site on a hot spot map of AF businesses across the County. As a second tier, a jury will pick three winners who will have their photo with a press release and formally recognized at a County ceremony.

The County is considering using decals for businesses to display. The County is not requiring businesses to meet OADA requirements as there is no one auditing this now and the County will not be taking this on. Their position is that age-friendly is more about raising awareness about the fast-growing aging population and how it will affect all sectors and not only about AODA. They will refer businesses to the OADA standards in the business guide resources and suggest they be aware.

The County hopes at this time to print the documents in mid Jan to launch in Feb 2019.

There was some concern and discussion about the County's decision to not require AODA compliance and use of a decal that could be confusing and contrary to Wasaga Beach's

vision of an AF business. It was explained that the County heard these concerns from advisory members to include representation from Independent Living Services/Accessibility Resource Centre and Alzheimer Society and WB AFCAC Coordinator but has decided to proceed.

J. Beaudin and A. Kemp updated the AF Powerpoint, added a SALC slide and presented to New Waves Probus on Sept 6th.

A. Kemp has been consulting with the Town's volunteer coordinator and J. Pallas regarding SALC programming and the AF speaker series. R. McArthur has also been involved in Speaker's Series planning.

b. Action Plan Review

The committee agreed to review the Action Plan once the committee is restructured after election since membership will be changing and responsibilities would need to be reassigned.

7. Unfinished Business:

a. Resolution Template

ACTION: J. Beaudin absent. Deferred to October meeting.

b. Downtown Master Plan and Seniors Issues – No update available. C. Throop made a motion that a letter be written to council requesting AF representation on the Downtown Hub Master Plan Committee. Carried.

ACTION: Committee members to submit a staff report. A. Kemp to speak with J. Beaudin.

c. Seniors Directory – N. Clark received 3 quotes on costs per book to produce a directory ranging from \$5.30, \$6.00 and \$11.00.

ACTION: Item deferred to next meeting for further discussion.

d. Age-Friendly Tagline – Discussion entailed around some suggested wording generated by K. Storing to be used when collaborating in event provision and for AF newspaper article writing. Members will contemplate further before deciding, feeling it was important to get it right. Many liked the wording: ... “as part of our AF community for seniors”. The other scenario requires nailing down the correct verb. “... partnering in (enhancing/strengthening/advancing/growing) our AF community for seniors”.

ACTION: Decision to be made at next meeting to give members time to consider preferences.

8. New Business:

a. SALC speaker Series

J. Pallas provided an update on the SALC opening, renovation status, programming and speaker series. Joe Tilley will be the guest speaker. There will be a newspaper wrap highlighting programs. Many community groups are keen to partner. 211 will be regularly hosting coffee socials. Josh presented a graphic of a sign that will go on the present yoga shack in time for the grand opening.

Josh is working on an RFP and including some AF criteria and multiple strategic plans to include Parks & Rec and Youth Centre.

A speaker series has been advertised and the Oakview Room has been booked for the first Mon of month until March (omitting Dec). Talks will be approx. 1 hr for at least 50-75 people with potential for a lot more. Ruth has been involved in speaker series consultation and Angela has been working with Judith Seniors Program & Volunteer Coordinator.

b. Date for June expo

The date is Wed. June 19th

ACTION: to be discussed in more detail at next meeting.

c. Info Hub at SALC

A brochure rack will be maintained at SALC with seniors info.

d. Community Wellness Fair

Sat. Oct 27 at Rec plex. AF has a table together with the library.

e. Senior Secret Santa

Many members had ideas for acts of kindness that could be extended to Tara's shut in clients at Christmas time such as concerts, Mayor's Christmas dinner and gifts. T. Bone encouraged partners to email her separately with details.

f. Simcoe County Age-Friendly Seniors Housing Grant Program

Deadline is November 30, 2018. Copies available at library or County website.

g. Resignation

The committee was made aware of the resignation of member C. Sedgeman.

9. Date of Next Meeting: Wednesday October 17, 2018.

10. Adjournment: Motion to adjourn at 2:02p.m. by T. Bone, seconded by C. Throop. Carried.